

# CENTURION

THE OFFICIAL MAGAZINE OF THE SAN ANTONIO POLICE OFFICERS' ASSOCIATION VOL43NO1



## EAST PATROL! SAPOA BASKETBALL CHAMPIONS



SAPD FIESTA MEDALS  
First annual contest winners

SAPD LEGACY BOOK  
Submission and ordering

MEMORIAL FESTIVAL  
Soggy, but successful

# HARRIS

XG-75: The Most Robust  
Solution for Mission-Critical  
Communications



## DAILEY-WELLS

THE OFFICAL SPONSOR OF THE SAPOA BENEFIT FUND

JANUARY - JUNE 2017

## CONTENTS



22



26



26

### FEATURES

- 11** SAPD LEGACY BOOK  
Submit photos and stories. Order your copy.
- 20** SAPOA BASKETBALL TOURNAMENT  
East upsets SWAT to take the Championship.  
*by A. Johnson*
- 22** SAPD FIESTA MEDAL CONTEST  
Volunteers in Policing selected their favorite  
SAPD Fiesta Medals.  
*by Doug Greene*
- 24** LIFESAVING AWARD  
Three members of SAPD went above and beyond.  
*by Michael Ross*
- 26** THE 6TH ANNUAL MEMORIAL FESTIVAL  
AND OPEN CAR SHOW  
A soggy Saturday, but always a success.  
*by Tina Baron*

### COLUMNS

- 6** FROM THE PRESIDENT'S DESK *with Mike Helle*

### DEPARTMENTS

- 4** SAPOA BOARD OF DIRECTORS  
& MEETING DATES
- 10** ROLLCALL: INFORMATION & RESOURCES  
FOR MEMBERS & RETIREES
- 14** SAY IT LOUD: MEMBER ANNOUNCEMENTS
- 18** WIVES AUXILIARY
- 30** FIRE AND POLICE PENSION FUND:  
TRUSTEE'S MESSAGE
- 32** FIRE AND POLICE RETIREE HEALTH CARE  
FUND: UPDATE
- 36** SAN ANTONIO FIRE & POLICE  
PENSIONER'S ASSOCIATION
- 48** SAPOA COMMITTEE CHAIRS & TRUSTEES
- 50** CLASSIFIEDS
- 52** COP SHOPS

# SAPOA BOARD MEMBERS

## EXECUTIVE BOARD

President	Mike Helle	SAPOA	379-8777
Vice-Pres	Dean Fischer	NPT	416-3912
Secretary	Mike Despres	NPT	288-3415
Treasurer	Robert Grajeda	PPB	601-4135
Parliamentarian	James Foster	IRU	394-4691
Sergeant-at-Arms	Art Lindley	SPT	269-9147

## BOARD OF DIRECTORS

Director	Rodney Lucas	BIKE	207-7764
Director	Scott Bunnell	CID/MajCri	207-7749
Director	Christopher Parchem	CID/VICE	207-2370
Director	Open	CID /IRO	207-2373
Director	Allen Johnson	CID/NAR	207-2428
Director	Open	HQ/SS/IA	207-4481
Director	Open	HQ/EveNig	207-7389
Director	Michael Garza	CID/AC	207-6549
Director	Gregory Perry	CPA	207-7410
Director	Andrew Montemayor	CPB	207-7410
Director	Elizabeth Montoya	CPC	207-7410
Director	Dariel Johnson	CPT	207-7410
Director	Matthew Paz	EPA	207-7781
Director	Cliff Burns	EPB	207-7781
Director	Daniel Groce	EPC	207-7781
Director	Kevin Coble	EPT	207-7781
Director	Johnny Perez	NPA	207-8126
Director	Jennifer Torres	NPB	207-8126
Director	Johnny Hardaway	NPC	207-8126
Director	Cameron Helle	NPT	207-8126
Director	Ignacio Sierra	PPA	207-7425
Director	Henry Flores	PPB	207-7425
Director	Albert Trevino	PPC	207-7425
Director	William Bjerk	PPT	207-7425
Director	Alex Garza	SPA	207-8191
Director	Scott Ambrose	SPB	207-8191
Director	Jason Sanchez	SPC	207-8191
Director	Robert Rosales	SPT	207-8191
Director	Vincent Cano	WPA	207-7420
Director	Ronald Garcia	WPB	207-7420
Director	Richard Cuellar	WPC	207-7420
Director	Sandra McCormick	WPT	207-7420
Director	Amanda Viera	TCA/TRAF	207-7400
Director	Open	TCB/TRAF	207-7400
Director	Eluterio Rendon	TCC/TRAF	207-7400
Director	John Diaz	SOU	207-7434
Director	Todd Johnson	ATA/THA	922-0408
Director	Jonathon Hoggard	POP/GANG	207-8257

## 2017 BOARD MEETINGS

June 13, 2017	October 10, 2017
July 12, 2017	November 8, 2017
August 10, 2017	December 14, 2017
September 11, 2017	



## CENTURION

VOL43NO1:  
JAN - JUN 2017

THE OFFICIAL MAGAZINE OF  
THE SAN ANTONIO POLICE  
OFFICERS' ASSOCIATION

**Editor & Art Director**  
Bonnie Lemcke  
editor@sapoa.org

**Managing Editor**  
Adriana Valadez  
adriana@sapoa.org  
210-304-0619

Please contact Adriana Valadez for  
advertising requests or specifications,  
story submissions, subscription questions  
and back issue requests.

**Articles** need to be sent as a Word file, text  
document or email. **High-resolution photos**  
need photo credits and captions/short stories.  
The *Centurion* is published quarterly.

**DEADLINES for 2017:**  
July - August Issue: July 1st  
September - October: September 1st  
November - December Issue: November 1st

San Antonio Police Officers' Association  
(SAPOA)  
1939 N.E. Loop 410, Suite 300  
San Antonio, Texas 78217  
p 210.822.4428  
f 210.822.8720  
tf 877.376.5423  
www.sapoa.org

The *Centurion* is the official monthly magazine  
of the San Antonio Police Officers' Association  
(SAPOA). The opinions expressed in the  
*Centurion* are those of the individual writers,  
and do not necessarily reflect the opinions  
of the San Antonio Police Department,  
SAPOA or the magazine's editorial committee.  
Advertising space in the *Centurion* is  
purchased by the advertisers and its contents  
do not constitute official endorsements. ALL  
RIGHTS RESERVED. The *Centurion* staff  
assumes no responsibility for items submitted  
for publication. The *Centurion* reserves the  
right to edit, revise or reject any material.  
Written permission is required before any  
reproduction of the material appearing in the  
*Centurion*. Please direct queries to the editor.

**ON THE COVER:**  
East Patrol battled hard and upset a  
formidable opponent in the 2017 SAPOA  
Basketball Tournament to be named  
CHAMPIONS. SWAT finished second  
and South Dogwatch finished third.

# NORTHSIDE Ford

As a long-standing partner of Northside Ford and Ford Motor Company, the San Antonio Police Officers Association has the ability to extend special pricing to its members when purchasing or leasing a new Ford vehicle from Northside Ford. Ford vehicles are proudly built by Union workers.

To show our appreciation for everything you do for our community, all SAPOA members and their immediate family members are eligible for Fleet Pricing exclusively through Northside Ford.

We would like to invite you to visit our state-of-the-art facility located on HWY 281 North at the Nakoma exit to satisfy any of your personal transportation needs.

### Program Contacts:

Tommy Cude  
Fleet Sales  
(210) 477-3464  
tcude@nsford.com

David Starnes  
Fleet Manager  
(210) 477-3443  
dstarnes@nsford.com

## PROGRAM AVAILABLE EXCLUSIVELY THROUGH NORTHSIDE FORD'S FLEET SALES DEPARTMENT

- No haggle fleet pricing in addition to public incentives
- Special pricing on all pre-owned vehicles
- Select from over 800 vehicles



www.nsford.com | 12300 San Pedro | San Antonio, TX 78216 | (210) 477-3443

## STANLEY BERNSTEIN, GEORGE LEGRAND AND JEFFREY BERNSTEIN

### SERVING POLICE OFFICERS FOR OVER 30 YEARS



- PERSONAL INJURY
- WORKERS COMP LIEN REDUCTION
- MEDICAL LIEN REDUCTION
- FAMILY LAW



## LEGRAND & BERNSTEIN

210-733-9439

SAN ANTONIO, TEXAS



# FROM THE DESK OF THE PRESIDENT

with Mike Helle

As we move past the halfway point of 2017, there are several topics that we should highlight. This legislative session was a bucket full of horrible bills assaulting our way of living. To start, pension problems of insolvency and massive unfunded liabilities in the cities of Dallas and Houston placed a target on every pension fund in Texas. These cities created the battle cry for some representatives to say, "if they were too big to fail then we must create laws," that in their minds would "fix" pensions across the state and prevent anyone else from becoming insolvent. Thankfully, no pension reform bills that were created effected San Antonio. Unfortunately, those members of active and retired officers and firefighters in the cities of Dallas and Houston will be feeling the results of forced changes in their pocket books for years to come.

Another horrible bill, that luckily died in committee, would have removed the ability to deduct dues from all unions across the state. Originally the bill targeted teachers and state workers and very quickly the conversation changed to possibly include fire and police unions. We owe a create

deal of gratitude to our legislative liaison Officer Jimmy Rodriguez along CLEAT and other police union partners across the state. They tirelessly worked through this session with a watchful eye and legislative intuitiveness to pass bills that support our way of living and find ways to keep the bad bills from seeing the light. When this session is completely done we will have a comprehensive outlook of what transpired.

The next issue we continue to discuss as a membership is our actual manpower numbers, which for some reason the Chief, city council, and media fail to understand. Over the years SAPOA has repeatedly and continuously educated anyone who will listen, despite it seemly falling on deaf ears.

First, let's discuss the facts that are undisputable. A San Antonio police officer must be someone who has successfully completed the SAPD Police Academy and is sworn under oath upon graduation as a police officer and is issued a pistol and badge. Pretty basic. The City of San Antonio has authorized, through city ordinance, SAPD to hire

2392 officers. Vacancies are any positions that are not currently filled and are created by death, retirement, termination, or resignation. As of the end of May, it is our understanding that our sworn vacancies stand around 222. Using simple math, 2392 authozied officers minus 222 sworn vacancies equals 2170 actual badges with guns working for the City of San Antonio Police Department.

Now for some time our City Manager, along with our Chief, choose to include cadets that are going through the Academy in our overall manpower numbers. Now, one could make a philosophical argument which the City Manager does, that cadets count towards the police budget thus have a cost attributed to them and should count towards SAPD's authorized police strength of 2392. One might ask, why would you count an employee that doesn't meet the title under the wording "authorized police strength" or number of "officers" allowed by ordinance?

Before we answer that question, let us discuss why you should not count your cadets before they

graduate. Normal attrition during our Academy, over many years, used to be around 13%. Today it's a whopping number north of 40%. The attrition rate is staggering and it is not because the Academy has changed its curriculum. It is the applicant not being prepared for what he/she is about to embark. Hopefully everyone understands why SAPOA has voiced concerns misleading our community in believing our staffing numbers are higher than they really are.

But, back to the question above, "Why cadets are counted towards our authorized police strength?" It is because we have never seen anyone follow up or challenge the number of actual sworn officers working. The tactic brightens the overall appearance that the police department is filling vacancies quickly and that everything is fine, even though clearly it is not. Like an iceberg, it is what is under the water, which you cannot see, that can hurt you.

Going forward we pray that the Mayor and Council will insist that the City Manager and the Chief clearly identify actual working badges and how many cadets are in the academy, separately.

For example, instead of telling everyone we have only 100 or so vacancies, say we have 222 vacancies and have 122 cadets in training. It may be semantics, but in our opinion, and that of the officers on the streets, this are the true facts.

It is election time again for San Antonio, with the mayor and many city council seats up for grabs. Politics is part of our business and many in our membership have very strong opinions about the candidates. Please consider that SAPOA's endorsements are selected to place us in a stronger position for our future. The stark contrast between the mayoral candidates should energize our membership to encourage family and friends to get out the vote.

First, mayoral candidate Ron Nirenberg voted against our contract. He stated that our contract was "not fiscally balanced" and that we should sit down and begin talking about the next contract now, so that it doesn't take as long agree on the next contract. Translation: "not fiscally balanced" means he thinks your pay and benefits are too rich. His priority, if given a chance, will

be to align our healthcare benefits with civilian employees. One could interpret his political speak as wanting to reopen our contract to discuss his "not fiscally balanced" issues. As for the "taking so long" to negotiate comment, unfortunately Ron forget that the main reason for taking so long was that he supported a lawsuit against SAPOA instead of negotiating.

In contrast, our current Mayor did change her position regarding the lawsuit, pushing back against our City Manager and creating an open door for us to settle our disagreements. When the city council voted for our contract only two voted against it, showing that the Mayor could rally her colleges through her leadership. Currently the Mayor has engaged in conversations with SAPOA and has taking a deeper interest in the issues of our department. We hope to strengthen that relationship with another victory for Mayor Ivy Taylor and continue to have a seat at the table.

Stay safe,  
Mike



Submit photos, stories, announcements and ads to Adriana Valadez at [adriana@sapoa.org](mailto:adriana@sapoa.org). The *Centurion* will be published quarterly.

### San Antonio Fire & Police PENSION FUND

**FINANCIAL PLANNING SEMINAR** First Friday of each month, except for the months of May and November.

### TRY OUT THE BENEFITS CALCULATOR!

Visit [www.safppf.org](http://www.safppf.org). Go to the MEMBERS ONLY tab. Register with your information.

### San Antonio Fire & Police PENSIONERS ASSOCIATION

[www.safppa.org](http://www.safppa.org)

### Fire & Police Retiree HEALTH CARE FUND, San Antonio

[www.prefundedsa.com](http://www.prefundedsa.com)

### RECoSA: RETIRED EMPLOYEES CITY OF SAN ANTONIO

[www.recosa.org](http://www.recosa.org)

### CENTURION Retiree Mailing List

EMAIL your home address to Adriana Valadez at [adriana@sapoa.org](mailto:adriana@sapoa.org) or CALL the SAPOA office at **210.304.0619**. to be added to the list.

## COFFEECOPS.NET

a place for San Antonio **Police Retirees** to communicate



## THE NORTHWEST BREAKFAST CLUBS

Every Friday at 8am

Tia's Taco Hut at 6820 Huebner

Every Friday at 8:30am

Tink a Taco at Guilbeau and Tezel

Monday - Friday at 8:30am

Tink a Taco at Potranco and Culebra

## FLORESVILLE

Every Tuesday at 8am

Oliva's Mexican Restaurant

Downtown Floresville

## RET. MOTOR VEHICLE & STRIP OFFICERS

First Wednesday of the month at 9am

Tommy's Restaurant #4 at 6702 San Pedro

## ALL RETIREES

Last Saturday of the month at 1pm

Snoga's Restaurant at 2567 Goliad Rd

## SPRING BRANCH RETIREES COFFEE CLUB

Every Wednesday at 9am

El Rodeo De Jalisco Restaurant

8685 U.S. Hwy 281 N #102

## MEDINA LAKE & PIPE CREEK ACTIVE & RETIRED

Second Tuesday of the month at 9:30am

La Cabana Mexican Cafe at 9600 FM 1283



## Retired Officer FIREARMS Qualification

June 30      October 27  
July 28      November 17  
August 25    December 15  
September 29

Each date is a Friday.  
Sessions will start at 9am.

**Retirees need to bring** all of the following with them on the day of their scheduled qualification:

- Weapon
- 2 mags, at least
- Holster
- 50 rounds of ammunition
- Check or Money Order for \$25, payable to COSA.

**Please call 210.207.6229 to put your name on the roster for a desired date.**

Speak to any of the firearms instructors to get your name put on the list. Let us know if you have previously qualified, and need a "re-qual", or if this is your initial qualification. If you have any questions, please feel free to contact:

JB Garza #1270  
SAPD Training Academy, Firearms Joseph.Garza@sanantonio.gov  
Office: 210.207.6298 / Range: 210.207.6229

[www.sapoa.org](http://www.sapoa.org)

Everything you need to know in one place



CLEAT: 210.826.1899  
GROUP LEGAL: 210.822.7678

## Retirees

- Detective **Andrew M. Marks** on 05/06/2017 with **22 Yrs 2 Mos**
- Officer **Steven W. McGowan** on 05/06/2017 with **31 Yrs 7 Mos**
- Detective **Rudolph L. Herrera** on 05/01/2017 with **32 Yrs 2 Mos**
- Officer **Steven E. Howard** on 05/01/2017 with **31 Yrs 10 Mos**
- Lieutenant **William Q. Lashbrook** on 05/01/2017 with **35 Yrs 7 Mos**
- Detective **Ruben Ramon, Jr.** on 05/01/2017 with **32 Yrs 9 Mos**
- Sergeant **Alex Valdez** on 05/01/2017 with **29 Yrs 11 Mos**
- Detective **Mara L. Wilson** on 05/01/2017 with **30 Yrs 4 Mos**
- Sergeant **Daniel Charles Simpson** on 04/01/2017 with **27 Yrs 3 Mos**
- Officer **Richard Malcom Smith, Jr.** on 04/01/2017 with **26 Yrs 5 Mos**
- Detective **Darron Lyndon Phillips** on 03/02/2017 with **27 Yrs 2 Mos**
- Officer **Michael G. Kelley** on 03/01/2017 with **22 Yrs 6 Mos**
- Officer **Thomas Valdez, III** on 03/01/2017 with **31 Yrs 5 Mos**
- Lieutenant **Michael Vann King** on 03/01/2017 with **27 Yrs 10 Mos**
- Detective **James Michael Phelan** on 02/11/2017 with **26 Yrs 4 Mos**
- Sergeant **Jesse C. Garcia, IV** on 02/10/2017 with **30 Yrs 9 Mos**
- Detective **Elizabeth Ann Greiner** on 02/02/2017 with **30 Yrs 4 Mos**
- Officer **Gary G. Albrecht** on 02/01/2017 with **30 Yrs 4 Mos**
- Sergeant **Kenneth D. Cook** on 02/01/2017 with **30 Yrs 1 Mos**
- Officer **Alejandro Cornejo** on 02/01/2017 with **30 Yrs 1 Mos**
- Detective **Pamela Weiler Arida** on 02/01/2017 with **24 Yrs 11 Mos**
- Officer **Gary J. N. Donovan** on 01/28/2017 with **22 Yrs 9 Mos**
- Officer **John Michael Garcia** on 01/28/2017 with **28 Yrs 11 Mos**
- Officer **Ted Michael Grill** on 01/19/2017 with **20 Yrs 7 Mos**
- Officer **John Aaron Mills** on 01/07/2017 with **27 Yrs**



## HEALTH INSURANCE

Claims Advocate Services, in the SAPOA Office

DIRECT NUMBER: **210.828.9616**



To reach a chaplain, dial **210.207.7519**. This will reach the on-call chaplain's pager and you will receive a callback ASAP.

- Betsy Buhler
- Danny Hubbell
- David Tankersley
- Freddy Hernandez
- Gilbert De La Portilla
- Henry Bell
- James Carey
- Allison Uribe
- Fritz Williams
- Paul Worley



Submit photos, stories, announcements and ads to Adriana Valadez at [adriana@sapoa.org](mailto:adriana@sapoa.org). The *Centurion* will be published quarterly.



Be Part of OUR new book!

## SAN ANTONIO POLICE DEPARTMENT 2018 LEGACY BOOK

Available to all members, sworn & civilian, active & retired

San Antonio Police Department is proud to announce a partnership with Acclaim Press for the production of a 9x12-inch, hardbound, full-color history/yearbook featuring memorabilia and photographs to celebrate the department and our members in 2017-18.

What better way to capture the proud past and promising future of the SAPD family than through a collection of pictures and information that combine to tell the story of this great agency and the people who made it what it is today? The publisher and those on the yearbook committee are committed to making this a comprehensive and professional publication of which all our members will be proud, sworn & civilian, active & retired.

This 9x12-inch, hardbound book will be printed in full-color and will contain hundreds of historic and modern photos of both civilian and uniformed personnel. It will also include professional portraits of department members and retirees, as well as candid and action photos.

### We Need Your Help

**This is your album!** To make this book as inclusive as possible we are asking you to contribute by sending in your personal historic accounts and stories for consideration. Stories may be humorous or action-packed experiences related to training, special events or other activities that portray the diversity of our agency through the years. **Photos or stories may be emailed to [sapdbook@acclaimpress.com](mailto:sapdbook@acclaimpress.com).**

You may also submit any photographs from your time with the department—action shots, crime scene and group photos will be accepted. *Watch for additional information on when individual portrait photographs will be scheduled.*

### Special Book Offer

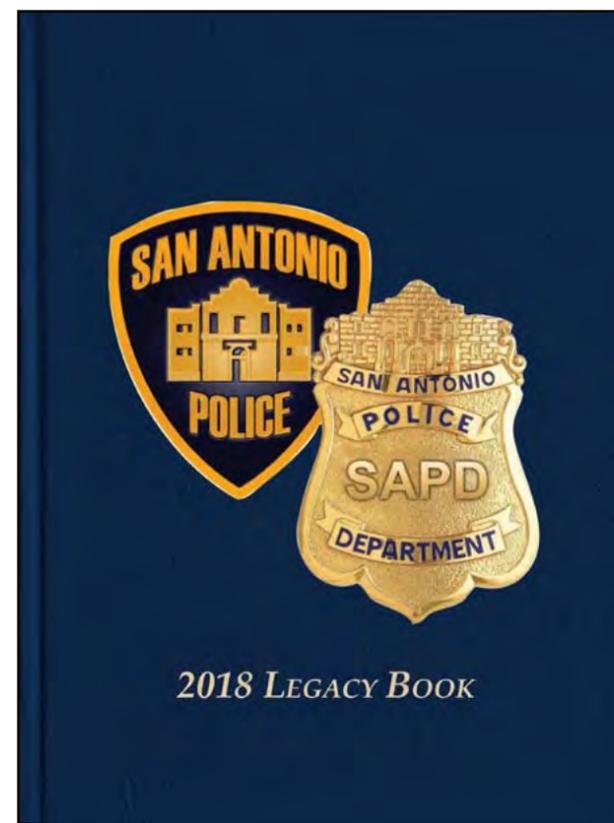
This book is only being sold to members of our agency and retirees. Since this will be a limited edition publication, **the number of books printed will be based upon the number of copies ordered in advance.** Therefore, you are encouraged to place your order by the June 30th deadline! See the next page for more details!

Thank you for your part in writing our proud history of dedicated service to the people of the great city of San Antonio. I look forward to seeing you in the pages of our *2018 Legacy Book!*

Sincerely,

Chief William McManus  
San Antonio Police Department

**Questions?**  
**Contact Acclaim Press toll-free at**  
**1-877-427-2665**  
**or on the web:**  
**[www.acclaimpress.com](http://www.acclaimpress.com)**



*Pictured is a sample cover for the San Antonio Police Department 2017 Legacy Book. Note: the actual cover will feature the SAPD badge stamped in silver foil. Pictured below: members of the San Antonio Police Academy, Class of 2014.*



**DEADLINE: JUNE 30, 2017**

## Active Duty and Retired Officers:

## UPDATE YOUR WILL!

The first step is completing the Will Information Packet, which is available from Alvie Riojas at: [ariojas@grouplegalservices.org](mailto:ariojas@grouplegalservices.org)

Please fill out the packet as completely as possible and contact Alvie for an appointment to meet with one of the attorneys. **The attorney will review the packet with you** and answer any questions you may have regarding your estate.

Once you are done with the will interview, Alvie will draft your documents and send them to you for your review before you come in to execute your documents here in our office in accordance with the lawyers.

Contact Alvie if you should have any questions completing the Will Information Packet. We look forward to hearing from you.

### Alvie Riojas, Wills Program Coordinator

Group Legal Services, 1939 NE Loop 410, Suite 330  
San Antonio, Texas 78217 / p: 210.822.7678 / f: 210.822.8185

## Family Assistance Program Details

Currently SAPD has a group of officers who volunteer their time to be members of the Family Assistance Program. Listed below are specific guidelines to determine when a Family Assistance Officer enters the life of a member to provide assistance:

### A. Death of Active Officer

- Notification of next of kin, if death occurs on-duty;
- Transportation to hospital for family members;
- Notification of the SAPD chaplain;
- Assistance in making funeral arrangements;
- Assistance in arranging immediate financial aid;
- Assistance in preparing necessary paperwork to apply for all eligible benefits; and
- Counseling for family members of officers killed in the line of duty.

### B. Death of Retired Officer

- Assistance with contacting the Honor Guard to request the services provided for retirees; and
- Family counseling and advice if requested.
- Notification of the SAPD chaplain;
- Assistance in making funeral arrangements;
- Assistance in preparing necessary paperwork to apply for all eligible benefits; and
- Notification of the SAPD Chaplain.

While there are numerous other life occurrences that may impact our member's lives, there are other resources available within the City organization or the SAPOA. For situations that do not fit the criteria above, contact can be made with the Chief's Office, 207-7360, to get clarification if Family Assistance should become involved or another resource utilized.

## JAMES ANDERSON MEMORIAL PARK

### Caretaker and Reservation Information

Dan Higginbotham is the caretaker and point of contact for picnic, pavilion, and campsite reservations for premium weekends (Easter, Memorial Day, Fourth of July, and Labor Day). He may be contacted at (210) 870-9484 or at [jamesandersonmemorialpark@gmail.com](mailto:jamesandersonmemorialpark@gmail.com). Benefit Fund Members and Retirees must reserve the picnic/campsites at James Anderson Park in advance. Members may call thirty days prior to a holiday starting at 8:00 a.m. Campsites 1 – 6, 13, and 15 all now have concrete RV pads. **If you have any other questions or concerns about the park, please contact Officer Travis Reich at (210) 428-0380.**



### San Antonio Police Department - 2018 Legacy Book

Acclaim Press has published commemorative history books for a wide variety of law enforcement agencies across the country with nearly a century of combined experience in the publishing industry. Each book is painstakingly researched and documented containing scores of superior, historic photographs and personal experience stories that capture the spirit of each department.

Your book will be printed on number one grade, acid-free, double coated glossy paper to ensure the highest caliber photo reproduction and Smyth-sewn binding for longevity. Your choice of full-color books includes the hardbound Deluxe Edition, bound in a classic leatherette displaying the agency's badge for \$54.95, or the Leather Collector's Edition, bound in genuine bonded leather with the agency's badge embossed in gold for only \$79.95. Either version may be personalized with your name, or that of a friend or loved one, stamped in gold for an additional \$6.00.

**NOTE:** This full-color, hardbound 9x12-inch commemorative book will be a limited edition publication and you must order in advance to be assured of receiving a copy. **RESERVE YOUR COPIES TODAY!**

#### Table of Contents

- History of the San Antonio Police Department, with a detailed emphasis on the modern department, including significant events, tools of the trade, and other highlights
- Full-color portraits of current agency personnel, active & retired, sworn & civilian
- Personal experience stories by active staff and retirees\*
- In Memoriam tribute to fallen troopers
- Hundreds of historic and contemporary photos\*
- Division & Special Unit highlights & group shots
- Plus much more!



**OUR BOOK WILL INCLUDE FULL-COLOR PORTRAIT PHOTOS...SWORN, CIVILIAN, & RETIRED — WATCH FOR ADDITIONAL INFORMATION!**

*\*Note: Photos & stories may be mailed to the address below or emailed to [sapdbook@acclaimpress.com](mailto:sapdbook@acclaimpress.com)*

**DEADLINE: JUNE 30, 2017**

San Antonio Police Dept. 2018 Legacy Book	Qty	Price	Total
Deluxe Edition		\$54.95	
Leather Collector's Edition		\$79.95	
Emboss your name on the book cover - \$6.00 per book*		\$6.00	
Shipping & handling: add \$6.50 first book, \$3.50 for each add'l book to the same address			
		<b>TOTAL</b>	

**Please Check Method of Payment:**  
 Check/Money Order (Payable to Acclaim Press)  
 Visa    Mastercard    Discover

Name on Credit Card \_\_\_\_\_  
 Card # \_\_\_\_\_ Expiration Date \_\_\_\_ / \_\_\_\_

For Office Use Only • SAPD DAS1  
 Stories \_\_\_\_ Photos \_\_\_\_ Books \_\_\_\_ Ck Amt \_\_\_\_ Ck No. \_\_\_\_ Date \_\_\_\_

Mail to:  
**San Antonio Police Department 2018 Legacy Book**  
 Acclaim Press • P.O. Box 238 • Morley, MO 63767  
**Order toll-free: 1-877-427-2665**  
**Order online: [www.acclaimpress.com](http://www.acclaimpress.com)**  
*(under law enforcement books)*  
**Email: [sapdbook@acclaimpress.com](mailto:sapdbook@acclaimpress.com)**

Name (Please Print) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ E-mail Address \_\_\_\_\_

\*Name to be embossed on cover (up to 24 spaces)

# A MAZING MEMORIES

Waiting for the day that you will have time to place your precious photos in albums to enjoy? Well today is the day! We will visit about your wishes & style & within weeks, you will be enjoying the photos you so closely treasure!

### Amazing Memories Scrapbook Services:

- Custom Scrapbook Layouts
- Annual Scrapbook Club
- Theme Tailored Scrapbook Albums

**Scrapbook Albums theme ideas include: Babies 1st Year, Baptism, Dedication, Confirmation, 1st Communion, Sports, Quinceanera, Sweet 16, Graduation, Engagement, Wedding, Friends Get-Together, Family Tree/Reunion, Retirement, Celebration of Life Tribute and more! We can discuss adding a theme you would like to have made that is not listed here during your free phone consult.**

**Your Amazing Memories!**  
[www.youramazingmemories.com](http://www.youramazingmemories.com)  
[youramazingmemories@gmail.com](mailto:youramazingmemories@gmail.com)  
**210-875-6195**





# Wives AUXILIARY

## MONTHLY MEETINGS

Held at 7pm at "The Barn Door" Restaurant at 8400 N New Braunfels Ave.  
**Scheduled dates are:** August 23rd, September 6th, October 4th, November 1st, and December 6th. The August meeting will have a guest speaker from the Police & Fire Pension Board. The September 6th meeting will have a guest speaker from Legal Services.

## UPCOMING EVENTS:

October 14th: Halloween Party

## PAST EVENTS:

**Kids Easter Party** was held on 8 April at the Training Academy. SAPWA participated in another group service project at **Seton Home**, a shelter for pregnant/parenting teen girls who have been removed from their families by CPS due to abuse and neglect. The evening included a special visit from Blue Bear. Pictured from left to right: Letty Reyes, Cyndee Trevino, Blue Bear, Christine Field and Vicki Smith.



## 2017 BOARD MEMBERS

**PRESIDENT:** Christine Field  
**VICE-PRESIDENT:** Vacant  
**PUBLIC RELATIONS:** Cyndee Trevino  
**EVENTS:** Stephanie Gibbs  
**FAMILY ASSISTANCE:** Sara Lloyd

## FOR INFORMATION

Contact SAPWA at [wives@sapoa.org](mailto:wives@sapoa.org) or Christine Field at **210.415.9832**. Wives Auxiliary can also be found on **Facebook** as **San Antonio Police Wives Auxiliary**.



 SILVER EAGLE  
DISTRIBUTORS

**Proud To Support  
SAPOA**

*"We Are Here So The Healing Can Begin"*



- Homicide
- Suicide
- Decomps
- Hoarding

Staffed by  
SAPD & SAFD

On Call 24/7  
**(210)979-8878**

Same Company, New Look



# SAPOA BASKETBALL TOURNAMENT

With enough grit and dogged determination, truly anything is possible. East Patrol proved this after pulling off a sensational, Cinderella-story upset victory to win the SAPOA Basketball Tournament on Feb 26. Starting off slowly, the team's offense proved stagnant, and they fell early to a more technically sound South Patrol team. Undeterred, the underdogs made adjustments to their ball movement, refocused their zone reads and went back to work.

By day two of the tournament, East found themselves at the bottom of the losers bracket. The road was long, but the boys were ready for a fight. What followed could only be described as a force of nature. The squad battled down four talented opponents in back-to-back games, giving them a surge of momentum into the winner's circle.

Because it was a double elimination tournament, East's "never say die" attitude would be tested against a well-rested SWAT team who were clear favorites. Ignoring the odds, the longshots played their game by fighting for every rebound and capitalizing on their opponents' mistakes.

The dream was made a reality when the final buzzer sounded, and the boys in black were the last ones standing. Many remarked that it was one of the most dramatic comebacks in tournament history. The real lesson of the day was that hard work, determination, and unselfish team effort are as necessary for officers on the court as they are to officers on the street. —Officer A. Johnson #1592



FIRST: East Patrol. SECOND: SWAT. THIRD: South Dogwatch

Proud to support Police Officers.



**JUSTINE GONZALES**  
11888 STARCREST DR STE 114  
SAN ANTONIO, TX 78247  
[jgonzales@farmersagent.com](mailto:jgonzales@farmersagent.com)



Call 210.812.4646 today for Auto, Home, Life and Business.



## SAPOA COMPANY STORE

OPEN M-F, 8A TO 4:30P

Duty Gear & Holsters  
SAPOA & SAPD Clothes, Caps & Mugs  
1939 NE Loop 410, Ste. 300 • 210.822.4428



### MISTI ROSS DUCHARME

V.P. Jet Engine Leasing  
830-534-4177

[mducharme@integrityaviation.net](mailto:mducharme@integrityaviation.net)

Daughter of Retired Lt. Mike Ross and Granddaughter of Retired Sgt. Charlie "Grey Ghost" Ross

Already Retired or Getting Ready to?  
Let your backdrop, rollover and ICMA funds work for you.

Approved Retiree References  
Jep Canon    Pete Carlsson    Mike Kelley  
John LaMaestra    Nunzio LaMaestra    Mike Ross  
Mike Saenz    Tom Shaw    Richard Urbanek  
Tommv Valdez    Pete Velasquez

## FIRST RESPONDERS COME FIRST AT VISION SOURCE



At Vision Source MacArthur Park and Alamo Heights, we show our appreciation for First Responders with special offers like:

- » **Special Savings** for First Responders and their families on Glasses
- » **Gift Certificate** towards Non-Prescription Sunglasses with your eye exam. It's our way of saying "Thanks"!
- » **Huge Inventory** of frames and sunglasses
- » **1-Hour Service** on most single vision prescription lenses
- » **Advanced Diagnostic Technology** to make sure you see as good as you look

Let Us Know You're a First Responder When You Make Your Appointment.

**Vision Source**  
EXCLUSIVELY AT THESE LOCATIONS

**MACARTHUR PARK**  
1939 NE Loop 410 Ste 200  
San Antonio, TX 78217  
Phone: (210) 822-7239  
[Visionsource-macpark.com](http://Visionsource-macpark.com)

**ALAMO HEIGHTS**  
5212 Broadway  
San Antonio, TX 78209  
Phone: (210) 829-8083  
[Visionsource-alamohts.com](http://Visionsource-alamohts.com)

1<sup>ST</sup> 2<sup>ND</sup> 3<sup>RD</sup>



4<sup>TH</sup> 5<sup>TH</sup> (3-WAY TIE)



ALSO ENTERED:



WE WOULD LIKE TO THANK EVERYONE WHO SUBMITTED A MEDAL.  
**SPECIAL THANKS TO OUR JUDGES FROM VOLUNTEERS IN POLICING:**  
 MARY HEWTTY, BARBARA GAULT, SANDI RIVELY, JASON DOMINIQUEZ, DOUG SALYER,  
 SUBMITTED BY OFFICER DOUG GREENE, PIO



Brad Burdin, RN, NP-C, FNP

# ADVANCED PRACTICE FAMILY CLINIC

### COMMON ILLNESSES

Allergies  
 Bronchitis  
 Ear Infections  
 Influenza  
 Pink Eye  
 Sinus Infections  
 Strep Throat  
 UTIs

### SKIN CONDITIONS

Acne  
 Athletes Foot  
 Biopsies  
 Cold Sores  
 Impetigo  
 Ingrown Toenails  
 Minor Sunburn  
 Skin Tags

### MUSCULOSKELETAL CONDITIONS

Back and Neck Pain  
 Carpal Tunnel Syndrome  
 Foot Pain  
 Heel Spurs  
 Knee Pain  
 Migraine Headaches  
 Myofascial Pain  
 Plantar Fascitis

### OTHER SERVICES

EKGs  
 Pre-Op Exams  
 Camp and School Physicals  
 Wellness Exams

**210.616.0245**

9502 Computer Drive  
 Suite 200A  
 San Antonio, TX 78229



## Eyes of Alamo City

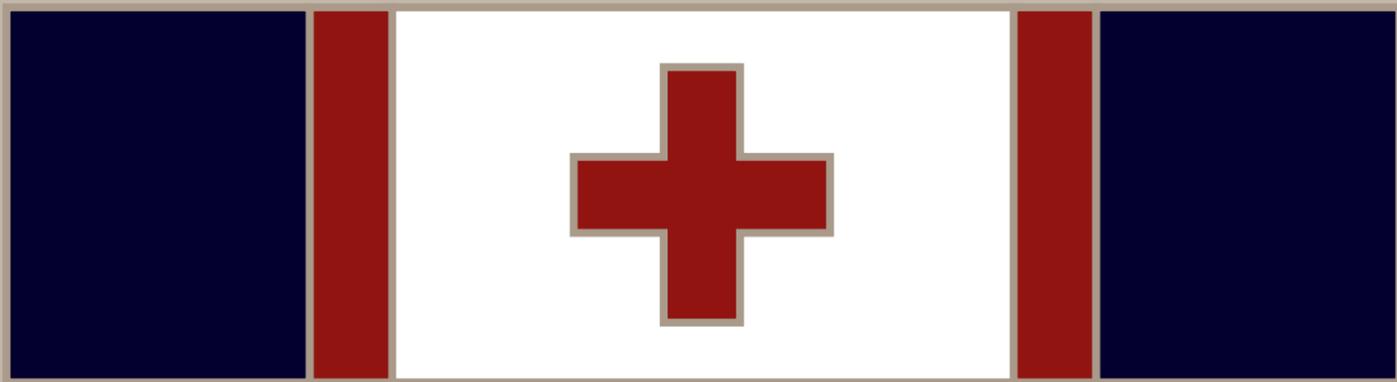
Richard D. Reyes

(Formerly at the SAPOA Building)  
**Now at the Milam Building**  
 115 E Travis, Suite 100  
 San Antonio, TX 78205  
 p: 210.465.7402 / f: 210.465.7398

Providing Clear Vision for  
 First Responders (Police and Fire)  
 and the Community.

Insurance Accepted. Discounts Provided.





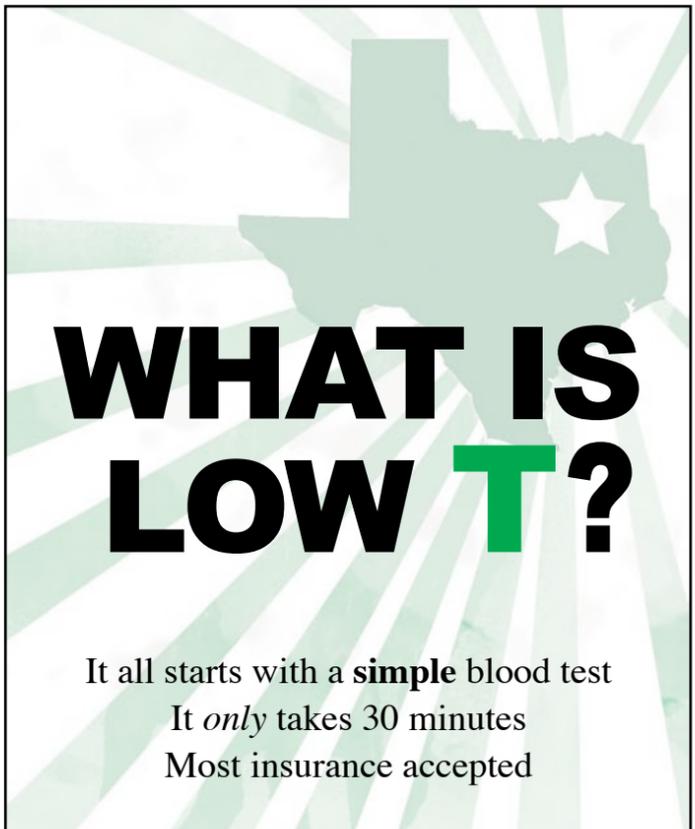
# LIFE SAVING AWARD

Congratulations to three of San Antonio's Finest, who were awarded with SAPD's Life Saving Award. Officer Robert Hyson# 417, Det. Rudy Guzman# 2044, and Officer Robert Gonzales #744 were nominated for a Life Saving Award by Sgt. Michael C. Ross #3142 for their actions on March 17, 2014. On April 17, 2017, all three were presented with their Life Saving Awards.

"On Monday, 17 March 2014, Officer Robert Hyson #0417 responded to a house fire at 8119 Hilltop Crest with reports that family members were still inside the home. Arriving before San Antonio fire units, the officers were told that two people inside the smoldering house were not able to get out. With bold initiative and without hesitation, Officer R. Hyson, Officer Robert Gonzales #0744 and Detective Rudy Guzman #2044 took rapid action and entered the residence to rescue both victims from a smoke filled and burning interior. Acting with caution and urgency, All three officers first found the younger victim and safely removing the victim despite the increasing volume of black and acrid smoke. The three brave officers went back into the burning residence and they found and then quickly removed a second victim that was overcome by smoke inhalation and near collapse. Officers were able to remove each victim safely from the house where they were tended to by the officers and soon treated by EMS at the scene. SAFD soon made a sweep of the house and fought the fire that started in a rear bedroom.



These three Officers are to be commended for their initiative, courage and decisiveness demonstrated in saving the lives of two people while facing imminent danger. Detective Guzman, Officer Hyson and Officer Gonzales willingly placed themselves in peril in their effort to serve the citizens of San Antonio. All officers involved displayed great team work, urgency and selflessness and are to be commended for their actions in the successful recovery of two victims from the house fire and therefore should be awarded the SAPD Life Saving Award." – Sgt. Michael C. Ross #3142



## WHAT IS LOW T?

It all starts with a **simple** blood test  
It *only* takes 30 minutes  
Most insurance accepted

**Sheriff, Police & Fire Departments**  
**RECEIVE \$50** CO-PAY CREDIT

**San Antonio**  
1202 East Sonterra Blvd. Suite 201  
San Antonio, TX 78258  
**210•496•5698**

**+**  
**Northwest San Antonio**  
9234 N. Loop 1604 West, Suite 107  
San Antonio, TX 78249  
**210•684•5698**

**LowT**  
Center  
**LowTCenter.com**

## Important!

### Retiring Soon?

Call and see why 500 Police Retiree's trust me with their retirement planning.



**Alex Perez, Jr. - RIA**  
Registered Investment Advisor

- 21 years of Financial Planning experience.
- Specializes in Law Enforcement Retirement.
- Works with 25 State and Local Police Unions.
- Comprehensive Retirement Review.

### Satisfied Clients

"Alex has always been dependable and extremely responsive to my retirement needs! He has allowed me to enjoy my retirement!"  
- Rudy Gonzales, Retired Asst. Chief SAPD

"Alex provided some great options that I was not aware of before I retired. I am glad I met with him to plan my life after SAPD."  
- Bobby Martinez, Retired Sgt. SAPD

**SPECTRUM ADVISORY GROUP**  
FINANCIAL SERVICES DIVISION

**CALL FOR FREE CONSULTATION**  
(210) 824-8004 or  
aperez@spectrumadvisorygroup.net



Memorial Festival

## 6TH ANNUAL MEMORIAL FESTIVAL AND OPEN CAR SHOW MARCH 4, 2017

The 6th Annual Memorial Festival and Open Car Show was held on March 4th. The rain did not deter approximately 30 cars from coming out for trophies! The festival had its worst weather, but best sponsors this year!

Our top sponsor donation was in honor of Officer John Wheeler. John was the epitome of a fighter. We are so honored as a group to receive sponsorship in his name. Our organization and volunteers show up every year, rain or shine. John was that kind of guy! As we run the Memorial Festival every year and continue to serve our survivors, we hope to continue to honor the memory of our Fallen Officers in a fun and inclusive family atmosphere.

Returning sponsors were: Urban Concrete Contractors, Freddy's Frozen Custard, LS&S Transport, Tony and Carolyn Martinez, San Antonio Police Benevolent Fund, Tiger

Sanitation, United Site Services, Randolph Brooks Federal Credit Union, CLEAT, and SAHPOO. South Texas Golf Carts and Mission Golf Carts provided carts for moving equipment and transporting guests.

Our good friend, DJ Chez came back for his second year to offer good vibes and tunes!! Chez is such a class act and believes very strongly in assisting our Survivors. We had pouring down rain with some cover for him, and he stuck it out until we were done! Thank you as always, Chez.

Que for the Blue was a large fundraiser that also donated to the Memorial Festival. We were honored to be recognized by this group of individuals that wanted to do nothing more than help our Survivor Families!

The Memorial Festival was able to give the Marconi Family \$10,000 to fund their trip to

Washington D.C. when Ben's name is placed on the National Law Enforcement Monument this past May. His son, Dane Marconi, attended and picked out his favorite car at the show (shown at bottom right).

The Memorial Festival Committee is grateful for the many friends and family that participated regardless of the rain. The SAPD Pipes and Drums along with the Honor Guard conducted a flag raising ceremony. The commitment of these men and women to represent our department with such reverence is always humbling. SAFD came out with several apparatus that were good relief from the rain. Saving a Hero's Place, The 100 Club and South Texas C.O.P.S. were also in attendance.

Please save the date for the first Saturday of March in 2018 for the next Memorial Festival.  
—Sgt. Tina Baron

### SPONSORS





# DESIGNATE A DRIVER AND ENJOY THE GREAT TIMES.

Choosing a designated driver is an important part of every great time. It's why 141 million American adults have either been a designated driver or been driven home by one.\* And it's why your friends at Budweiser salute each of you.

\*Source: GfK Custom Research North America

# FIRE AND POLICE PENSION FUND OF SAN ANTONIO



A DEFINED BENEFIT  
PUBLIC PENSION FUND



## TRUSTEE'S MESSAGE

Jim Smith  
Active Police Representative  
Legislative Committee Chairman

As the Legislative Committee Chairman of your Pension Fund, I want to speak to you about the current legislative session. As expected, there are a few bills that have been filed that would be harmful to us if they were to be passed. The first bill is Senate Bill 152 that was filed by Senator Bettencourt. The second bill is House Bill 1502 filed by Representative Murphy.

Senator Bettencourt wants all funds that are not statewide retirement funds to be under the "local control" of their specific municipality. Senator Bettencourt also wants our defined benefit pension plans to be converted into 401k defined contribution savings plans. Representative Murphy also desires that all municipal retirement funds that are under state statute be under "local control."

There are currently 11 municipal funds in Texas that are under state statute including our Fund. Our governing statute is unique from all of the other plans. The other plans are also unique to each other. Our plan, for example, addresses the contributions from both ourselves and the City of San Antonio. Our plan also addresses governance, the benefit formula, disability/death benefits, killed in the line of duty benefits, COLA's, and numerous other administrative and miscellaneous provisions. For any change in our plan to take place, all of the local stakeholders get together and develop a proposal we can send to Austin to change our specific statute. The State Pension Review Board will then decide whether the proposed changes are actuarially sound. The proposed bill then has to go through the normal legislative process where the legislators listen to the merits of our changes. The best way to explain our legislative process is to say that it is locally and jointly developed, with state oversight and approval. This system has worked great for us and is one of the major factors why our Pension Fund is the model for other systems to follow.

Where other plans have gotten into dire straits is where they do not have enough state oversight in all aspects of their

specific statute. They may only have the contributions codified in state law, but other benefits can be changed at the local level. This eliminates the very important step of having the Pension Review Board determine if the changes are actuarially sound.

Making changes to our state law may be time consuming and tedious, but this process protects us from ourselves. What I mean by that is we do not make short term changes that look good for the time being, but are harmful to the soundness of our Fund for the long term.

While I have had the pleasure to serve you over the past 7 years, I want to give a shout-out to all of the trustees and staff who have served you over the years and also to those who are still serving the Pension Fund. These staff members and trustees made some very wise and conservative decisions in the past to ensure we have a secure pension today and also into the future.

I hope my explanation of the differences between "local control" and state control cleared up any questions you might have had. I also want to reassure you that while these bills have been filed, we are confident they will not get enacted into law. It is not just us fighting this legislation that will adversely affect our Fund. Our local and state unions along with all of our pension counterparts will be fighting along with us.

In closing, I want to thank Shawn Ury for his service to our Fund and also for his friendship. We all wish him well on his new career. Jimmy Foster has been elected to replace Shawn and has hit the ground running.

Once again, if you have any issues, concerns, or rumors that need to be addressed, please do not hesitate to contact any trustee or staff member so we can take care of your needs. Please be careful out there. God Bless!

VISIT OUR NEWLY REMODELED STORE



Proud to Serve America's  
Public Safety Professionals™

SAVE MORE THAN

**\$50**

PER SET

ON THE NEWLY-APPROVED  
SAPD UNIFORMS  
IN-STOCK AT THE GALLS  
SAN ANTONIO STORE!



2111 West Ave #100 | San Antonio TX 78201 | 8:30am-6:00pm M-F | 210.523.0976 | galls.com

03SA0716ASD

Special Discounts and Upgrades to First Responders and Military



General Contractor  
Roofing  
Commercial Construction  
Custom Homes  
Insurance Restoration

**210.373.1098**

**Detective Joey Vidal**  
jvidal@vidalconstruction.com

Providing Excellent Craftsmanship & Customer Service

**WWW.VIDALCONSTRUCTION.COM**

11103 San Pedro Ave Suite 101 San Antonio, TX 78216

# FIRE AND POLICE RETIREE HEALTH CARE FUND UPDATE

## MAIL ORDER PRESCRIPTION TIPS SE CLINIC NOW OPEN

BY HENRY TREVINIO  
Fire & Police Retiree Healthcare Fund

## DEAR MEMBERS AND FUTURE MEMBERS

### APRIL 1, 2017

I know I have written about the following subject many times, however, at the risk of subjecting you to a deep case of boredom I'm going to do it again.

In trying to give our members the best mail order pharmacy service, the Health Fund has been forced to change from one provider to another. We always know the change will cause some disorder for the first couple of months. I, too, have suffered some disruptions in receiving my medications. Hopefully the following suggestions will help all of us weather this temporary muddle.

You should order your medications at least 21 days in advance so you don't run out. If you have no more refills, you will need to ask your doctor to send in a new prescription. Some prescriptions will need Prior Authorization before Welldyne can send you the meds. Your doctor should contact Welldyne to request a Prior Authorization form. If your doctor has not called Welldyne to request the form, you can ask Welldyne to contact your doctor as a courtesy to start the Prior Authorization procedure.

After your doctor calls Welldyne to request a Prior Authorization form, give it a couple of days to see if your order is being processed. If your order is not being processed, stop and take a deep breath. Your next move is to call the staff at the Health Fund office.

I continue to get three to four calls every week for these common problems, and my answers:

1. "My doctor says I don't have an account." You're using the 2016 I.D. card.
2. "I called Envision and they told me I have no account with them." Our provider is Welldyne.
3. "The Health Fund is not paying my doctor." You have not signed and returned your 2017 claim form.
4. "I called WEB/TPA and they told me my procedure is not covered." You didn't pre-certify.

If you have a problem with any of your benefits, don't try to solve the problem by yourself. Call the Health Fund staff. Don't call the doctor; don't call Envision; don't call WEB/TPA; don't call Welldyne.

Who do I call? Call the staff at the Health Fund office. The telephone number is on your white I.D. card.

The Health Fund Trustees and the Health Fund Staff are trying to do the best for our members. Decisions made by the Trustees are made after careful consideration of how it will impact our members. The Fund staff is very well informed and knowledgeable in health benefits. They are always eager to help solve or answer any questions posed by our members.

I visit the Health Fund office almost every day. I see the staff on the phone all the time. They spend most of their time helping our members pre-certify, coordinate with providers, solve problems with mail order prescriptions and answer any other questions that the members may have.

Unfortunately, however, they receive little thanks and a lot of scolding from some of our frustrated members. We understand the frustration that many members experience when their medication doesn't arrive on time or some surgical procedure is not allowed; however, it is not the fault of the Fund staff. A snag in medication delivery happens to all of us at some time or another. The Trustees, by the same token, are not personally responsible if a procedure is not allowed. Benefits were set and accepted by the police and fire unions long before the Health Fund Board was formed.

The staff is always ready to work through the problems that our members encounter. Trustees, on the other hand, are constantly working to enhance and streamline the benefits and make it easier for our members to receive the necessary medications and surgical procedures. We can work through all our problems; however, all we ask from our members is to allow us a little patience.



## BURDIN CHIROPRACTIC NEUROLOGY & REHAB GROUP

Board Certified Chiropractic Neurologist, and  
Licensed Psychotherapist on Staff Caring for  
SAPOA members and their Families!

- ▶ Auto Accidents
- ▶ Carpal Tunnel
- ▶ Chronic Pain
- ▶ Depression
- ▶ Foot Problems
- ▶ Migraine Headaches
- ▶ Neck & Back Pain
- ▶ Neurological Disorders
- ▶ On-the-job Injuries
- ▶ Sprains & Strains

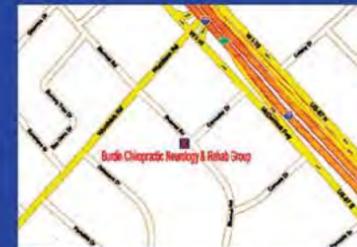


Board Certified Chiropractic Neurologist, Dr. Brad Burdin,  
welcomes SAPOA members and their families  
Texas Workers' Comp, Most Insurances & Credit Cards Accepted  
Se Habla Español

**210-690-6992**

[www.burdinchiropractic.com](http://www.burdinchiropractic.com)

9502 Computer Drive, Ste. 200, San Antonio, TX 78229  
(one block SW of I-10 & Wurzbach)



Chiropractic Care • Counseling • Therapy & Rehab  
Custom Splinting & Orthotics • PPE & FCE

 **PRESTIGE  
EMERGENCY ROOM**

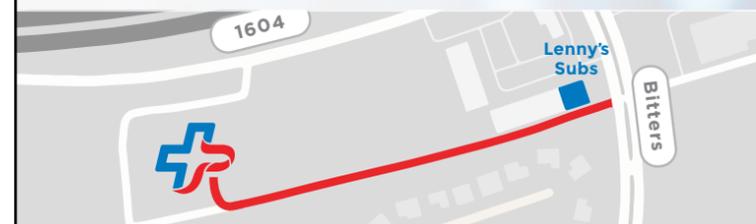
## FIRST RESPONDERS

Payment plan options available  
for first responders and your  
family.

210.504.4837



First responders are always welcome to stop by and grab a coffee,  
drink, or use a clean restroom if you're ever near.



**NO WAIT.  
OPEN 24 / 7 / 365.**

Located at : 1604 & Bitters  
☎ 210.504.4837 🌐 Prestigeer.com

# FIRE AND POLICE RETIREE HEALTH CARE FUND UPDATE

On another topic, I just received some important information for our members. We all know the importance of having a Prostate or Pap smear exam at least once a year. When you make an appointment at the clinic for a physical examination, be sure to indicate that you want a Prostate or a Pap smear exam to be included. Another item that is available at the clinic is an electrocardiogram, (EKG). You should include this exam in your yearly physical. It just takes a few minutes to take this important exam and those few minutes may be the ones that save your life.

## MAY 1, 2017

Finally, the new Clinic has is a reality. The South East Clinic was opened on May 1st for our Fire and Police Retirees and their Dependents.

We encourage all of our members to visit the new clinic. Make an appointment to get your physical. It doesn't have to be a one year physical. You can have more physical exams if you think you need them.

During my physical exam one item that I found very helpful was an explanation of the vitamins I was taking. Doctor J, as he is known, explained to me that all I needed was one fish oil soft gel, one a day multivitamin and one baby aspirin per day. This is a far cry from the ten different vitamins I was taking. I caution you though not to stop taking your vitamins until you talk to a doctor.

Let's remember that the Clinic is not a walk in emergency service. If you want a physical exam be sure to call the Clinic to set up an appointment. If you have an ailment that needs the attention of a doctor, call the Clinic and see when is the earliest opportunity you can see a doctor. In case you need a doctor right away you may have to go to an emergency clinic or a hospital. I have called the Clinic several times asking to see a doctor right away for an illness and have been told to come in the same

day at a particular hour or the next day at the latest.

The Claims Form that is sent to each member has to be in the file of the member if benefits are to be paid. Remember, when you sign the Claims Form you are attesting to the fullness and correctness of the information on the form. There have been instances where the information is not correct or has been omitted. This has led to substantial amounts of money that the member has become responsible for.

If you don't know the answer to a question on the form you can call the Health Fund office and talk to a staff member. They will be glad to answer your questions and help fill in the correct answers in the Claims Form.

On another subject let's ask the following question: "What is a good exercise plan for a middle-aged person who is out of shape and doesn't like exercise?" The answer is, "Physiologically and logistically, walking is the easiest and simplest form of exercise," according to Dr. Michael Joyner, a physiologist at the Mayo Clinic in Rochester, Minn.

Thirty minutes a day of moderately vigorous physical activity most days is really the sweet spot in terms of time versus benefit. "Moderately vigorous" means a pace at which you can talk to a companion but you're puffing too much to sing. All you need are some comfortable sneakers and they don't have to be new or expensive.

The kicker, my dear members, especially for the ones that don't like exercise, is that the thirty minutes do not have to be finished in one chunk. According to Dr. Joyner, for certain groups of people, it's more effective to walk for 10 minutes briskly three times a day than if they walked briskly once a day for half an hour. It has also been found that a good brisk walk just before lunch or dinner causes your body to digest the food faster and more efficiently.

A little strength training is also a key. It prevents frailty as we get older. You can use weights, elastic bands or even your own body as in: push-ups and squats in your living room. You can start with one push-up if that's all you can do. The next day you might be able to do two. Remember the motto: "Never do less today than you did yesterday."

Studies have shown arthritic knee pain showed a 23% reduction after following a three-day-a-week strength training for eight weeks. I can personally attest to the advantages of knee strengthening exercise. I was advised to get a knee replacement about five years ago. I started concentrating on doing leg exercises with weights. Most of my knee pain is gone and I still do my long distance walks seven days a week.

An increase of motion and flexibility was also noted by strength training. Another advantage of strength training is that it burns calories, even when at rest.

As we age, women will lose up to 59% of their bone tissue in their lifetime, especially within 10 years after menopause. At age 65 or 70 men start losing bone mass at the same rate as women. Exercise with weights can help slow that loss and increase bone density.

We, as retirees, should not expect physical exercises to build muscles and take away all our pains overnight. This is something we should do for the rest of our lives. You will not see results in one week. You have to determine to do your exercise seven days a week. If you miss one day, the second day will be a lot easier to miss and then the third. You'll be back where you started before you know it.

Please believe me when I tell you that if you keep doing your exercise you will reach a point where your body will not let you miss one day of your daily exercises. Good luck and be sure to start today.

# FIRE AND POLICE RETIREE HEALTH CARE FUND WELLNESS CENTERS

## PROVIDER:



## TWO LOCATIONS:

7003 S. New Braunfels, Ste. 130  
210.465.9592

3602 Paesano's Parkway  
210.492.1333

## SOME OF THE SERVICES AVAILABLE:

Primary care

Preventative health care services

Comprehensive laboratory services, including drawing of most labs ordered by outside physicals

Chronic disease management, such as high blood pressure, diabetes, high cholesterol, etc

Minor illness and injuries, such as sinus infections, digestive issues, colds, asthma, sprains, and strains

Skin evaluations for concern like warts, skin tags, and skin lesion removal

Ear wax removal

**Keith**  
—ALFARO—  
SAN ANTONIO REAL ESTATE

PERSONALIZED  
CONCIERGE  
REAL ESTATE SERVICES  
FOR THE GREATER  
SAN ANTONIO AREA

KEITH@KEITHALFARO.COM

210.422.7963  
WWW.KEITHALFARO.COM

Keith Alfaro, ABR, GRI  
SAN ANTONIO'S  
FINEST REALTY

**AHC**  
AMISTAD Homecare, Inc.

*Skilled Care in the Comfort of Your Home*

- RN, LVN & Aides
- Physical Therapy
- Lymphedema Therapy
- Wound Care/Dressing
- Cardiac Program
- Foley Catheter/Ostomy Care
- Diabetic Care/Injections
- Alzheimer's & Medication Education

*Servicing San Antonio, Del Rio & Surrounding Counties*

210.474.0037      [www.amistadhhc.com](http://www.amistadhhc.com)      877.713.7878



# SAN ANTONIO FIRE & POLICE PENSIONERS' ASSOCIATION

## MEETING MINUTES:

JANUARY 2017

**CALL TO ORDER:** The meeting was called to order at 1:30 PM by President Mike Trainer.

**OPENING CEREMONIES:** Our invocation was led by President Trainer which was followed by our Sergeant at Arms, Bill Lambrides, leading the members in reciting the pledge of allegiance.

**Inauguration / Oath of Office:** The Honorable Judge Rosie Alvarado from the 438th District Court was present to administer the oath of office to the newly reelected board. President Trainer asked that this year all board members take the oath of office to rededicate our commitment to the Pensioners Association. All 7 Board members were present and took the Oath of Office.

**ROLL CALL:** There were 7 board members present for the January 2017 meeting. President Mike Trainer—present, Vice President Bart Moczygmba—present, Recording Secretary Earnest Gay—present, Treasurer—Open Position, Corresponding Secretary Fire David Perez—present, Corresponding Secretary Police Joe Carrillo—present, Sergeant at Arms William Lambrides—present, Parliamentarian Mary Holub—present.

**ELECTION OF OFFICERS:** The 2016 nominating committee nominated the following members for election to the Board: Bart Moczygmba—Vice President, Earnest Gay—Recording Secretary, David Perez—Corresponding Secretary Fire, William Lambrides—Sergeant at Arms.

### REPORTS OF OFFICERS

**Presidents Report:** President Trainer gave a "Big Thank You" to Stanley Bernstein for being one of our greatest supporters over the last several years. Stanley donates many prizes for our members both at the meetings and the luncheon. Stanley also keeps us informed on many of the important issues through social media.

President Trainer also gave a special thanks to Armando Ynostrosa for his donations to the Association at our meetings and Luncheons. Armando is also instrumental in getting information out to our members that have e-mail through his e-mail notification list.

President Trainer gave an update on our missing treasurers' funds in a Board Meeting held December 21, 2016. This report included information that the Tanglewood Residents Association had been repaid their funds. President Trainer advised that he has been in contact with Carlos Madero and he confirmed that Tanglewood had been reimbursed their funds. Since that meeting it has been

learned that the Madero's house has been removed from the market. President Trainer also spoke with Christina's Attorney and he confirmed that Tanglewood had been repaid. The SAFPPA Board made a resolution to file our case as soon as possible with the SAPD on the missing funds.

The following resolution was presented to the membership: The Board of the SAFPPA presents a motion on a resolution from the 12-21-2016 Board Meeting to the membership (no second needed). The Motion is stated as: "The SAFPPA has lost good faith with the past Treasurer and we feel that it is time to file a report to the San Antonio Police Department as soon as possible." There was a short discussion about the possibility of availability of funds to repay us and what charges we would file. It was pointed out that we only file the report, it is up to the Police Department and the District Attorney as to what charges will be filed. After the discussion the motion passed unanimously. President Trainer advises he will coordinate with fellow board members Moczygmba and Gay to go to SAPD to file our report.

President Trainer advised that he had attended 2 meetings in Austin during November 2016 and instead of just submitting his expense reports as done in the past he wants to present them to the membership for approval before being reimbursed for the allowable expenses. The meetings were the PRB (Pension Review Board) committee meeting and State Pension Committee Meeting. The total reimbursement request for both meetings is \$182.96 and was for mileage and parking only. Decision to reimburse President Trainer for the expenses was unanimously approved.

**Recording Secretary:** The minutes of the November 8, 2016 meeting were presented. There were no corrections, additions or deletions noted. The minutes were unanimously approved.

**Treasurer:** President Trainer reported on the accounts the Association has for both November and December 2016. He also gave a report for the first week of 2017. For November/December 2016 the accounts had a balance of \$9,593.91.

At the time of the Meeting there was a balance of \$12,090.51. All reports and bank statements have been made available to anyone who wanted to see the reports.

President Trainer also reported on an attempted hack of our account with fraudulent charges. These were all caught due to our account alerts and were reversed and cleared by the Credit Union. The Association ended up getting new account number because of the incident. Ultimately The Association did not lose any funds from any accounts.



## "ERASE the SLATE..."

The First and ONLY Natural Tattoo Removal Method

~Free Pre Consultations~

~Special Discount Rates for Our Friends in BLUE~

Studio 120 Proudly Supports Blue Cares and the SAPOA Blue Santa Program

210.396.8515~www.studio120sa.com~Tattoo Removal Page



SAPD Watch, at left

SAPD Badge pendants and charms, starting at \$77.95

ORDER AT THESE LOCATIONS:

Expression Designs & Graphics  
tel: 823-7769

or

Alamo City Gold & Silver  
tel: 930-3900

## 15Rx Pharmacy

PRESCRIPTIONS IN 15 MINUTES OR LESS\*

Accepting All Rx Insurances\*, Lowest Co-Pays\*,  
Family Rx Generic & Brand Discounts, Compounding Lab, Medical Equipments

Supports our Police Department and **WILL DONATE \$5 TO SAPOA FOR EVERY \$25 SPENT** on OTC/  
Medical Equipment purchased by SAPD families\*

15RX Pharmacy @ Westover Medical Park is located on 151 access road between Military Dr. W & Westover Hills Blvd going towards 1604.  
Call 684-15RX(79) or email [rph@15rx.com](mailto:rph@15rx.com) for questions. \*See Pharmacy for details.

# ANTHONY D. BANCROFT

SAPD TRAFFIC OFFICER

ATTORNEY AND

"I AM MY BROTHERS KEEPER."

COUNSELOR AT LAW

DIVORCES

CHILD SUPPORT MODIFICATIONS

ADOPTIONS

INSURANCE CASES

(210) 222-1200 OFFICE

MOTOR VEHICLE ACCIDENTS

(210) 222-1253 FAX

PERSONAL INJURY

(210) 213-3540 CELL

PROBATE MATTERS

310 S. ST. MARY'S—24TH FLOOR

DECEPTIVE TRADE PRACTICES (DTPA)

SAN ANTONIO, TEXAS 78205

[BANCROFT@ANTHONYBANCROFTLAW.COM](mailto:BANCROFT@ANTHONYBANCROFTLAW.COM)



# SAN ANTONIO FIRE & POLICE PENSIONERS' ASSOCIATION

## REPORTS OF COMMITTEES

**Pension Fund Committee:** Larry Reed reported that the fund had a balance of 2.81 billion. The Fund appreciated approximately 183 million for the year 2016. Appreciation for the year is 8.1%. This is great news considering that our benchmark is 7.25%. The necessary appreciation for the Fund was not enough to qualify us for the 13th check. The C.O.L.A. is at approx. 1.5%. The Fund will not have the final numbers until mid-January.

**Pre-Funded Health Insurance Committee:** Henry Trevino and Alex Perez were both present for the meeting. Henry reported that the Fund was at \$346,153,566.00. The Southside clinic has been secured at Brooks City Base West at the corner of New Braunfels and SE Military Dr. The lease has been signed and the Fund has a target opening date of May 2017.

**PAC Fund Committee/Endorsement Committee:** Don Wagoner reported that the PAC received \$4,734.00 in November and December 2016 from payroll. There were \$30.00 from member donations in November. There were expenses in December of \$1,000.00. Balance at the beginning of November 2016 was \$141,961.16. The balance of the account was \$146,725.16 at the end of November and to \$150,459.16 at the end of December 2016.

**DOOR PRIZES:** There were the usual 6 door prizes of \$10 and 2 additional door prizes provided by Stanley Bernstein. Stanley donated 2 tickets to the Majestic for a performance on January 10th. Stanley also donated a set of 4 tickets to the opening performance of the Rodeo). Winners of the door prizes were Joe Garza Jr—Majestic tickets, Diana Gay—Rodeo tickets. Alfred Schwartz, Rosie Martinez, Hope Tehran, Charlie Ricketts, Able Juarez and Ronnie Welch were the winners of the \$10.00. Several of the \$10.00 winners donated their prize to the PAC fund.

**ADJOURNMENT:** After the door prizes were given, President Trainer adjourned the meeting without opposition.

## WORDS TO LIVE BY:

**IT IS BETTER TO LOOK AHEAD AND PREPARE THAN TO LOOK BACK AND REGRET.**

**MORAL OF THE STORY:** Looking back is like trying to recapture passing water in a river. Trying to take back the past is a waste of time and effort. What has passed is history. Look to the future and prepare for what lies ahead. You learn from the past but you achieve in the future.

—Minutes submitted by Earnest D. Gay, Recording Secretary

## MEETING MINUTES: FEBRUARY 2017

**CALL TO ORDER:** The meeting was called to order at 1:30 PM by President Trainer.

**OPENING CEREMONIES:** The invocation was led by Rev. A.D. Smoot. Sergeant at Arms, Bill Lambrides, lead the members in reciting the pledge of allegiance.

**ROLL CALL:** There were 7 board members present for the February 14, 2017 meeting. President Mike Trainer—present, Vice President Bart Moczygemba—present, Recording Secretary Earnest Gay—present, Treasurer—Open Position, Corresponding Secretary Fire David Perez—present, Corresponding Secretary Police Joe Carrillo—present, Sergeant at Arms William Lambrides—present, Parliamentarian Mary Holub—present.

**SPEAKER OF THE MONTH:** There were two speakers for the Meeting. Chris Medina, candidate for the Mayor of San Antonio, was the first speaker. Chris gave us a list of his qualifications and spoke of his commitment to Fire Fighters and Police Officers in our community. Chris also spoke of his desire to replace the current city manager. Our second speaker was Selinda Rainey from Texas Law Shield who spoke about their company's insurance protection for members that have the conceal carry permits. This coverage is available to both retired Police and Firefighters.

## REPORTS OF OFFICERS

**Presidents Report:** President Trainer had one expense report for mileage reimbursement for a TSR (Texans for Secure Retirement) meeting in Austin, TX on January 18, 2017 in the amount of \$83.46. Membership approved the President's expense unanimously.

President Trainer explained that he and Recording Secretary Gay went to the Police Department to file a report on the missing money in Retiree's Association bank accounts. resident Trainer and Secretary Gay were directed to the office of Detective David Calloway of the White Collar crimes unit. Det. Calloway gave us the White Collar Crime Detail Criminal Complaint Packet and explained the process of filling out the forms, getting the needed copies of paperwork and securing the originals.

One member in attendance was upset because our filing of the report was not done immediately. He stated that we probably would have been reimbursed by now like Tanglewood Sub-division if we had filed our report early. The Member also accused the board of "allowing this to happen" and also accused the Board of making excuses in the decision to wait on filing.



## WELLNESS REPORTS

LET'S KEEP ALL OUR MEMBERS AND THEIR FAMILIES IN OUR PRAYERS



Anyone having information about deaths or illness involving fire department personnel, retirees or relatives, is invited to call **David Perez** at (866) 652-4237 with information.

Anyone having information about deaths or illness involving police department personnel, retirees or relatives, is invited to call **Joe Carrillo** at (210) 216-4173 with information.

### JANUARY 2017

**Deaths:** Fire Fighter/Paramedic **Eugene Mireles** passed away at the age of 67. Gene is survived by his wife, Stella Mireles. Gene is also survived by his daughter Gina Murry and husband Brandon and their two daughters Abigail and Olivia. A Sympathy Card was sent to Gene's family on behalf of the SAFPPA. **Pearl Little** passed away on November 29, 2016. Pearl Little was the widow of Fire Fighter Carl Little. A Sympathy Card was sent to the family on behalf of the SAFPPA. **Mrs. Margaret Brandt** passed away on November 29, 2016 at the age of 101. Margaret was the widow of Capt. Lee Brandt. A Sympathy Card was sent to the family on behalf of the SAFPPA. **Anna Regina Burket** passed away on December 7, 2016 at the age of 105. She was the widow of Fire Fighter Ferdinand John Burket. During the war Anna worked at Kelly A.F. Base as a Riveter. She also volunteered at the V.A. Hospital and the Retiree's Fire and Police Pension Fund. A Sympathy Card was sent to the family on behalf of the SAFPPA. **Carolina Villarreal** passed away on December 8, 2016 at the age of 81. Carolina was the widow of Fire Fighter/Paramedic, Engineer Oscar Villarreal. Carolina worked at AFB and the VA as an accountant. A Sympathy Card was sent to the family on behalf of the SAFPPA. **Michael Stringfellow** passed away on December 28, 2016 at the age of 67. Mike was a Fire Fighter/Paramedic, Engineer. Michael retired from EMS unit 814B. Mike was the son of Deceased Capt. Mitchell Stringfellow. Mitchell was the also the father to active Battalion Chief Michael Stringfellow, Jr. A Sympathy Card was sent to the family on behalf of the SAFPPA.

**Illness:** Get Well Cards were sent to: **Mario Arellano, Richard Acosta, David Cavazos.**

### FEBRUARY 2017

**Deaths:** **Elizabeth Ann Lee**, widow of Retired District Chief Oscar Wayne (Jack) Lee, passed away on January 28, 2017. Elizabeth worked as a church secretary. Later in life she

### JANUARY 2017

**Deaths:** **Peggy Tyll** passed away on December 29, 2016. Peggy was the wife of Police Officer Tyll. Retired Police Officer Ernesto L. Rodriguez passed away on November 10, 2016 at the age of 74. He served 35 years in the SAPD. He retired in 2018. A Sympathy Card was sent to the family. Retired Police Officer **Jacinto Gonzalez** passed away on November 25, 2016. Sympathy Card was sent to the family. Retired Police Officer **Johnnie E. Barnes** passed away at the age of 69. Johnnie was born on November 26, 1947. A Sympathy Card was sent to the family. **Gloria Jean Volz** passed away on December 13, 2016 at the age of 80. Gloria Jean was the mother of retired Police Officer Sgt. Darrell Volz. A Sympathy Card was sent to the family. **Wayne Jacobs** passed away on December 7, 2016 at the age of 67. Wayne lived in Austin, Texas. Wayne was the brother to Retired Police Officer Dale Jacobs. A Sympathy Card was sent to the family. **Virginia Viola Harwell** passed away on December 23, 2016. Virginia was born on June 21, 1946. Virginia was married to retired Police Officer Wayne Harwell. A Sympathy Card was sent to the family. **Mrs. Bailey** passed away on December 29, 2016. She was the wife of Retired Police Officer Carl Bailey. A Sympathy Card was sent to the family. Late information was received that **Roger Ynostrosa** passed away at the age of 55. Roger was the brother to retired Police Officer Armando Ynostrosa. A Sympathy Card was sent to the family.

**Illness:** Information was received that Officer **Eli Vidaurri's** health keeps deteriorating. His illness is not responding to treatment. He has decided to stop all treatment and let life take its course. He has started to make personal arrangements. A get well card was sent to him on behalf of SAFPPA. Let's all keep Eli in our prayers. **Charlie Daggett** returned to the hospital suffering from an infection after surgery. He appears to be in good spirits. A get well card was sent to him on behalf of SAFPPA. Let's all keep Charlie in our prayers. **Gary Seidel** had an operation for Hip Replacement. He is now recovering at



# SAN ANTONIO FIRE & POLICE PENSIONERS' ASSOCIATION

Another member explained his experience with a firm he was with and confirmed that the process was exactly as we had described. The previous Member was not convinced. It was also explained to the membership that there was a 7 year statute of limitations on filing and not 2 years as we had originally thought. President Trainer assured the membership that he and Secretary Gay were filing the complaint forms and would submit them as soon as completed. Detective Calloway explained that the process could take months or even years. Detective Calloway also stated that if restitution is made that information must also be included in the complaint statement.

President Trainer brought the Picnic information and explained that it was set for April 8, 2017. There will be a mail out on Thursday February 23, 2017 at 10am at the Pension Office. There was some discussion from the floor that the board was supposed to bring the attendance issue to the membership as several did not want kids or grandkids at the picnic. Ray Perez made a motion that only members and their spouse or adult guest should be invited. Motion was seconded by Victor Rodriguez. There was discussion, mostly about reserving the picnic for adults only.

Most of the discussion was about the cost of the bounce rentals for the kids and the menu should be something better than burgers, hot dogs and chips. Several of the members said they just want to come have a meal, drink a beer and visit with other retirees. The board explained that beer was not being provided due to the cost of the insurance for an event with alcohol provided. After discussion the vote was taken on the motion allowing only the member and guest. There were four votes in opposition.

Members asked who was doing the cooking for the picnic. Joe Carrillo reported that the SAPOA would not be available this year due to Fiesta commitments. Marvin was asked if he was available and he stated he would have to check but did not believe he was available. President Trainer advised we will cancel the bounce house rentals and search for a vender to cook for the picnic.

**Recording Secretary:** The minutes of the January 2017 meeting were presented. There were no corrections, additions or deletions noted and they were approved as read.

**Treasurer:** President Trainer gave the report on the treasury funds. The President reported that the Association had deposits for January 2017 of \$2,681.00 and expenses of \$700.98, giving the Association a net increase of \$1,980.02. The Association's total account balance as of January 31, 2017 was \$11,573.93. Activity on the accounts for February 2017 are deposits of \$2,700.00 and expenses of \$1,005.85 which was a payment for the Bounce

rentals at the picnic. Rental for the Bounce will be canceled and a refund will be requested. Account increase through February 13, 2017 is \$1,694.20 with a total account balance of \$13,268.13. The President has all bank statements and they are available for viewing.

## REPORTS OF COMMITTEES

**Pension Fund Committee:** Trustees Larry Reed and Harry Griffin were both present. Trustee Griffin reported that the fund was at 2.88 Billion which is up 2% for the fiscal year. This year the fund is in a trustee election cycle in which there are 3 trustee positions up for election. Positions are for Fire Retiree Trustee, Active Police Trustee and Active Fire Trustee. Filing will be in March with election in April.

Harry reported that the C.O.L.A. had been established at 2.1% for retirees prior to September 1999 and 1.6% for those retiring after September 1999. The fund did not have a large enough increase for the year to consider a 13th check. For the fund to consider a 13th check for 2017 the fund must have a 14.75% return for the year.

Larry reported that the Pension fund stands at 2.72 Billion. This is up 97 million for the fiscal year. This is 4.25% increase for the fiscal year. So far this year the CPI is only at 0.7% with 6 more months of reporting to go.

Larry also reported on the retirement issue. Each year the Fund tries to predict the number of retirements from each department. For 2016 the fund had predicted 57 police and 40 Fire retirements. So far for 2016 the totals are 92 Police and 40 Fire with an additional 5 months to go. Larry advises this is not a huge concern as the number always fluctuate and new hire's along with promotions will bring in future contributions. The fund is still very strong.

**Pre-Funded Health Insurance Committee:** Henry Trevino reported that the fund was at \$350,355,266.78. The new Southside clinic is progressing and is scheduled to open in May 2017. The current clinic is operating at capacity at this time. Alex emphasized the importance of the claim form being submitted in order to have claims paid. So far approximately 400 have not yet submitted their claim form.

Problems with the transfer of prescriptions from Invision to Welldyne were addressed. Some scripts were not completely transferred and also some of the Doctor's records were unavailable or incomplete. It was also brought out that dealing with Welldyne on prescription problems was a lot easier than dealing with the previous company.

became a Registered Nurse and worked in the Medical Intensive Care System. A sympathy card was sent to the family on behalf of SAFPPA.

**Illness:** Get well cards on behalf of SAFPPA were sent to the following: **Joe P. Saldivar Sr., Edward Lozano Sr., and Rosie Martinez.**

## MARCH 2017

**Deaths:** Retired Fire Fighter **Rudy P. Villarreal** passed away on February 22, 2017 at the age of 86. Rudy worked at fire station #27. Rudy was the brother of deceased Fire Fighter Oscar Villarreal. A Sympathy Card was sent to Rudy's family on behalf of SAFPPA. **Mary R. Bononcini**, widow of Fire Lieutenant Alfonso Bononcini, passed away on February 22, 2017. A Sympathy Card was sent to Rudy's family on behalf of SAFPPA. **Blanca Alva**, Mother to Retired Fire Fighter/Paramedic passed away on February 22, 2017. Blanca was the mother of Fire Fighter Rick Alva. A Sympathy Card was sent to Rudy's family on behalf of SAFPPA. **Richard G. Perez** passed away on March 2, 2017 at the age of 77. Richard was the Father to Active Fire Fighter/Paramedic Ray Perez and also brother to Retired Fire Fighter/paramedic David S. Perez. David Perez, Fire Fighters Corresponding Secretary, would like to thank all Fire Fighters, their families and friends for their kind words and prayers.

**Illness:** There were no illness reports.

## APRIL 2017

**Deaths:** **Mary L. Handowski**, Widow to Retired Fire Lt. Richard Handowski, passed away on March 31, 2017 at the age of 86. Mary was the mother to Retired Fire Captain Michael Handowski and Retired Police Detective Robert Handowski. A Sympathy Card was sent to the family on behalf of SAFPPA.

**Lamoyne O'Neill**, wife to Retired Firefighter Billy Ray O'Neill, passed away on April 4, 2017. A Sympathy Card was sent to the family on behalf of SAFPPA.

**Martha T. Galvan**, wife of Retired Firefighter Ernest Galvan, passed away on March 31, 2017. A Sympathy Card was sent to the family on behalf of SAFPPA.

**Illness:** Get Well Card was sent to Retired Police Officer **Arthur Bernstein**, who is recovering from a fall.

home. We wish him well. A get well card was sent to him on behalf of SAFPPA. **Gilbert "Gibby" Solis** is recovering from serious complications to back surgery. Let's keep him in our prayers. A get well card was sent to him on behalf of SAFPPA. Retired Police Officers **Stanley Lerma** is recuperating from quadruple by-pass surgery. Stanley is at the Cibolo Creek Nursing home. It is located at 1440 River Road in Boerne, Texas. You can call him at 210-421-8830. He would appreciate a call. A get well card was sent to him on behalf of SAFPPA.

## FEBRUARY 2017

**Death:** It is with deep regret that we learned of the passing of Retired Police Officer **Joe S. Garza**. He was born on October 9, 1942 and passed away on January 30, 2017. Our deepest condolences go out to the family. A sympathy card was sent to his family on behalf of SAFPPA.

**Illness:** It has been reported that Police Officer **Eli Vidaurri** is not doing well. He is now in HOSPICE care. At this time he is confined to his bed. He will appreciate any calls. Please, let's keep him in our prayers. Police Officer **Gerald Laubach** has been placed in a rest home. He suffers from dementia. Please keep him in your prayers. Gerald is at Havens Inn #110 Mary Louise SATX. A get well card was sent to him on behalf of SAFPPA. Retired Police Officer **Julian "the Duck" Garza** is currently at University Hospital. He is suffering from a lung ailment. Julian's wife says he is not looking good. Please keep him in your prayers. A get well card was sent to him on behalf of SAFPPA. Retired Detective **William Banfield** underwent Quadruple Bypass surgery in January. The operation went well. He is now recuperating at home. A get well card was sent on behalf of SAFPPA. Police Officer **Johnny G Rios, Jr.** was diagnosed with Pancreatic Cancer. The Doctors are optimistic about his recovery. Johnny believes in the power of prayer. A get well card was sent on behalf of SAFPPA. Police Officer **Joe Morris** is having some health issues. He could not be contacted at this time. A get well card was sent to him on behalf of SAFPPA.

## MARCH 2017

**Deaths:** **Olivia S. Gomez** passed away on February 6, 2017 at the age of 89. Olivia was the Mother of Retired Police Officers **Charles M. Gomez** and **Edward (Eddie) Gomez**. Olivia was retired from Mark Twain Middle School. A sympathy card was sent to her family.



# SAN ANTONIO FIRE & POLICE PENSIONERS' ASSOCIATION

**PAC Fund Committee/ Endorsement Committee:** Joe Carrillo reported on the PAC Fund. He stated that the reason for having so many politicians speak at our meetings was the importance of the members being knowledgeable about the candidates and their platforms. Joe advises that other candidates will also be invited but many that are not pro first responder will not show up. The PAC Fund account currently has deposits of \$4,749.00 for January giving the PAC Fund a balance of \$155,208.16.

**DOOR PRIZES:** There were 2 additional door prizes donated by Stanley Bernstein. 4 tickets with parking to the Rodeo on February 16th and 2 tickets to the Majestic with valet parking on the February 19th. There were also 6 regular \$10 door prizes. February door prize winners were Marilyn Katz—Majestic Tickets, John Hester—Rodeo Tickets and Daniel Valdez, Alfred Schwartz, Richard Cervera, Bill Lambrides, Charlie Ricketts (donated to PAC) and Joe Garza Jr. won the \$10 prizes. There were 6 door prizes of \$10 each awarded to Alfred Schwartz, Marieta Baer, Marilyn Katz, Ralph Fuentes, Richard Dailey and Elke Hester.

**ADJOURNMENT:** After the door prizes were given, President Trainer adjourned the meeting without opposition.

**WORDS TO LIVE BY:** THE SOVEREIGN INVIGORATOR OF THE BODY IS EXERCISE, AND OF ALL THE EXERCISES WALKING IS THE BEST. —THOMAS JEFFERSON

**MORAL OF THE STORY:** Tonics, vitamins and psychology can never be as effective as exercise in healing the body. Two walks around the block will eliminate no less than 80% of your aches, pains and maladies. God in his infinite wisdom gave man two legs which were not meant to be used for crossing, sitting or lying idle. It can be said that legs are like a good piano; the more it is used the better it will sound; so too, by using the legs they will get stronger.

—Minutes submitted by Henry Trevino

## MEETING MINUTES: MARCH 2017

**CALL TO ORDER:** The meeting was called to order at 1:30 PM by President Mike Trainer.

**OPENING CEREMONIES:** Our invocation was led by President Trainer which was followed by our Sergeant at Arms, Bill Lambrides, leading the members in reciting the pledge of allegiance.

**ROLL CALL:** There were 7 board members present. President Mike Trainer—present, Vice President Bart Moczygemba—present, Recording Secretary Earnest Gay—present, Treasurer—Open Position, Corresponding Secretary Fire David Perez—present, Corresponding Secretary Police Joe Carrillo—present, Sergeant at Arms William Lambrides—present, Parliamentarian Mary Holub—present.

**SPEAKER OF THE MONTH:** There were no speakers for the month of March 2017.

### REPORTS OF OFFICERS

**Presidents Report:** President Trainer reported on the theft of our funds and assured everyone that the necessary paperwork is being prepared and will be submitted to the PD AS soon as possible. I advised the members that I have set myself a goal to have everything completed by the end of April to present to the PD.

President Trainer also announced that the picnic for April 8, 2017 has been cancelled due to no cooking personal available for the event. Catering was too costly at this time so the board made a unanimous decision to cancel the event. We lost our facility deposit but all other expenditures were refunded in full.

**Recording Secretary:** The minutes of the February 14, 2017 meeting were presented. There were no corrections, additions or deletions noted. The minutes were approved as read.

**Treasurer:** President Trainer had a report on the treasurers' funds; however there were discrepancies between his numbers and the bank numbers. President Trainer believes the problem is with his quicken books program. There were deposits of \$6,455.80 and expenses of \$1,199.26. Net income for the month of February was \$5,256.54. The deposit for the Bounce rental for the cancelled picnic was refunded in full by Born to Bounce Party Rentals. President Trainer presented a balance of \$16,830.47 on February 28, 2017. The balance of \$16,830.47 is double the amount that is on the bank statement. President Trainer says he will research the errors and report back to us.

### REPORTS OF COMMITTEES

**Pension Fund Committee:** Larry Reed reported that the fund was at 2.92 Billion. The Fund is up 3% from the beginning of the year which translates to 86 million. There is an upcoming election for the following Pension Board Trustee positions: Retired Fire Fighter Larry Reed, Active Police Officer Jimmy Foster and Active Fire Fighter Dean Pearson. Filing date to be put on the ballots for these positions is March 3 to March 24. Ballots will be mailed out on April 7, 2017. The next Pension meeting is Wed. March 29, 2017 at 9am.

There was discussion about the Legislative Bills in Austin this year. There are separate bills for Houston and Dallas and another bill designed to give "local control" to the current 13 pension plans covered by state law. The Pension Fund legislative committee is watching these bills very closely. Josh McGee who is chairman of the pension review in Austin is strongly against defined benefit plans and is not a friend for us.

**Pre-Funded Health Insurance Committee:** Henry and Alex were both present. Alex reported the fund was at \$349,935,961.00. Executive Administrator James Bounds, explained that the new south side clinic is scheduled for opening on May 1, 2017. There will be an open house that will be from 9am to 11am. Doctors will begin seeing patients in the afternoon. Dr. Martin Nejat, MD will be assigned to the clinic.

Location is in Brooks City Base West at 7003 South New Braunfels Street Suite 130. There was some discussion about prostate exams not being done however it was explained that when you call for your physical, just request the prostate exam and females request the pap-smear and they will be done.

**PAC Fund Committee/ Endorsement Committee:** Joe reported that the committee held interviews and several candidates appeared before the committee panel. Joe Carrillo the committee chairman recommended and made a motion that we endorse the following, Manuel Medina for Mayor, Greg Brockhouse, for Council district 6, Shirley Gonzales, for Council district 5 and Chris Medina, Council district 7. Motion was made and seconded by John Scott. Motion passed with one no vote.

Don Wagoner, Committee Treasurer, reported that an audit had been completed by member Marieta Baer. Mrs. Baer reported that all the books for the PAC since its inception were in good order. Mrs. Baer gave Don Wagoner a few minor recommendations that did not impact the treasurers' reports. Marieta reported on the fund's total collection, pay outs to candidates and donations to the Fire Assoc. PAC and Police Assoc. PAC. Don Wagoner reported the Fund received \$4,739.00 for February. The latest Account balance is \$159,947.16.

**GOOD AND WELFARE:** There was an announcement for a benefit dinner being sponsored at the downtown substation for an active Police Officer battling cancer. Location is the police Substation on South Frio. The sale of plates is from 11 am to 3pm.

**DOOR PRIZES:** There were 6 door prizes of \$10 each and 2 additional prizes for upcoming events at the Majestic. Prizes were won by Larry Reed—Majestic Tickets, Johnnie Teran—Majestic tickets; the following members won the \$10, C. Ricketts, M Katz, Schultz, M Holub, J Carrillo and J Shipman.

Police Detective Eli Vidaurri passed away on February 17, 2017 at age 66. Eli was a graduate of St. Mary's University, U.S. Army Veteran, a veteran of the SAPD Class of 75A, FTO and Detective. A sympathy card was sent to his family. Mrs. Lozano, mother of Retired Detective Reyes Lozano, passed away on February 16, 2017. A sympathy card was sent to her family. Retired Police Officer Melvin Harold Barthold passed away on February 19, 2017 at age 75. A sympathy card was sent to his family. Police Officer Marshall D. Peterson passed away on February 20, 2017 at the age of 79. Marshall is survived by his wife of 60 years and son Retired SAPD SGT. Steve Peterson. Marshall was Navy Veteran. A sympathy card was sent to his family. Blanca Estela Rivas passed away on February 23, 2017. Estela was the wife of retired Police Officer Mario Juarez. Estela was the owner of Estela's Mexican Restaurant where many Police Retirees enjoyed breakfast. A sympathy card was sent to her family. Retired Police Officer Edward (Ed) Quirk passed away on March 8, 2017. Edward liked being called Cowboy. Edward joined the Police Department in 1975. A sympathy card was sent to his family.

**Illness:** Prayers are needed for Retired Police Officer Lawrence Roberts who is battling Bile Duct Cancer. The Cancer has taken another step in severity. Larry is now in hospice Care. A get well card was sent to Larry.

### APRIL 2017

**Deaths:** Retired Police Officer Julian Garza passed away on March 17, 2017. Julian was awaiting a Lung Transplant at University Hospital. Julian was well liked by his peers and his family. A Sympathy Card was sent to the family on behalf of the SAFPPA.

Mrs. Maurine Welch passed away on March 29, 2017. Maurine was 93 years of age at the time of passing. Maurine was married to her husband, Martin L Welch, for 63 years. Maurine was the mother of Retired Police Officer Ronnie Welch who was a former SAPOA President. A Sympathy Card was sent to the family on behalf of the SAFPPA.

**Illness:** No illnesses were reported for the month of April.



# SAN ANTONIO FIRE & POLICE PENSIONERS' ASSOCIATION

**ADJOURNMENT:** After the door prizes were given, President Trainer adjourned the meeting without opposition.

**WORDS TO LIVE BY:** THERE ARE ONLY TWO DAYS IN THE YEAR THAT NOTHING CAN BE DONE. ONE IS CALLED YESTERDAY, AND THE OTHER IS CALLED TOMORROW, SO TODAY IS THE RIGHT DAY TO LOVE, BELIEVE, DO, AND MOSTLY LIVE.

**MORAL OF THE STORY:** We must never forget to remember that yesterday is past and non-renewable and that tomorrow is not a promise. The only certainty is today. Enjoy today, give to the world, call your friends, tell your loved ones how much you love them, read a book, go to church and give thanks for today and lastly give something that will not die with you but will continue to live on and tell of your legacy.

—Minutes submitted by Earnest D. Gay, Recording Secretary

## MEETING MINUTES: APRIL 2017

**CALL TO ORDER:** The meeting was called to order at 1:30 PM by Recording Secretary Earnest D. Gay.

**OPENING CEREMONIES:** Our invocation was led by Reverend A.D. Smoot which was followed by our Sergeant at Arms, Bill Lambrides, leading the members in reciting the pledge of allegiance.

**ROLL CALL:** There were 5 board members present for the April 11, 2017 meeting President Mike Trainer—absent, Vice President , Bart Moczygamba—absent, Recording Secretary Earnest Gay—present, Treasurer—Open Position, Corresponding Secretary Fire David Perez—present, Corresponding Secretary Police Joe Carrill—present, Sergeant at Arms William Lambrides—present, Parliamentarian Mary Holub—present.

**SPEAKER OF THE MONTH:** Mrs. Reinetta King, running for City Council District 10, spoke about her qualifications. She talked about current issues facing the citizens of San Antonio. She thanked the Fire and Police Retirees and asked for their vote.

### REPORTS OF OFFICERS

**Presidents Report:** There was no President's report for the month of April.

**Recording Secretary:** The minutes of the February 14, 2017 meeting were presented. There were no corrections, additions or deletions noted. The minutes were accepted as read.

**Treasurer:** The Treasures report was presented by Recording Secretary Earnest Gay. The Generations Credit Union bank statement shows that the Association had deposits of \$2,750.00 and expenses of \$110.00. The bank balance of the Association on March 31, 2017 was \$14,164.14.

### REPORTS OF COMMITTEES

**Pension Fund Committee:** Pension Trustees were at the TEXPERS Conference and not available to give the Fire and Police Pension report.

**Pre-Funded Health Insurance Committee:** Trustee Alex Perez Reported that the Health Fund had a balance of \$353K. The Fund's Administrator reported that the Clinic on the South side will open on May 1, 2017. Also, appointments for a physical examination can be made by calling 210-465-9592.

**PAC Fund Committee/Endorsement Committee:** Joe reported that the committee held interviews with several candidates who appeared before the PAC Fund Committee panel. Joe Carrillo, the committee chairman, recommended and made a motion that we endorse the following candidates, Manuel Medina—Mayor, Greg Brockhouse—Council District 6, Shirley Gonzales—Council District 5 and Cris Medina—Council District 7. Motion was seconded by John Scott. Motion passed with one no vote.

**GOOD AND WELFARE:** There was no report for Good and Welfare for the month of April.

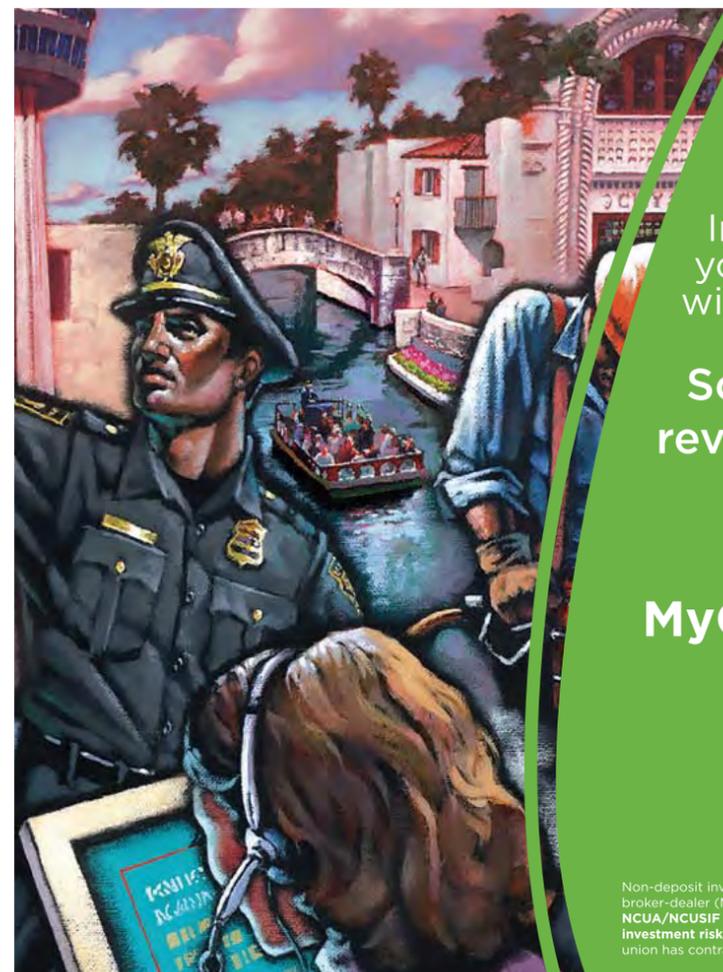
**DOOR PRIZES:** There were 6 door prizes of \$10 each and 2 additional prizes for tickets to Chester,s Hamburgers donated by Armando Ynostrosa. The prizes were won by Elke Hester, J. Hester, Alex Perez, Hope Teran, David Perez, Joe Carrillo and Henry Trevino, and Randy Puzon.

**ADJOURNMENT:** After the door prizes were given, Recording Secretary Earnest Gay adjourned the meeting without opposition.

**WORDS TO LIVE BY:** LET THE PRESENT SLIP FOR THE SAKE OF THE FUTURE

**MORAL OF THE STORY:** Are you willing to sacrifice the pleasures and desires of today for the sake of the future? It's possible that the sacrifice of the pleasures of today will give greater satisfaction and fortunes in the future. Leave the indulgences of the present in storage; you will be able to savor them in the future.

—Minutes submitted by Earnest D. Gay, Recording Secretary



Founded by city employees.  
We are your credit union.

Invest in your future. Plan ahead for your retirement. We can assist you with your DROP account.

Schedule a no-obligation review of your savings plan.

210-230-9226

MyGenFCU.org/Investments



Available through CUSO Financial Services, L.P.

Non-deposit investment products and services are offered through CUSO Financial Services, L.P. ("CFS"), a registered broker-dealer (Member FINRA/SIPC) and SEC Registered Investment Advisor. Products offered through CFS are not NCUA/NCUSIF or otherwise federally insured, are not guarantees or obligations of the credit union, and may involve investment risk including possible loss of principal. Investment Representatives are registered through CFS. The credit union has contracted with CFS to make non-deposit investment products and services available to credit union members.

## DO YOU SUFFER FROM CHRONIC SWELLING?

If you suffer from chronic swelling, our staff of medical professionals at **LymphedemaMD** can help.

CALL US OR VISIT OUR WEBSITE TO SCHEDULE YOUR EVALUATION TODAY

210-702-3401  
lmdofamerica.com

### We treat:

- Chronic Swelling
- Post-Operative Swelling
- Post-Mastectomy Swelling
- Post-Traumatic Swelling
- Venous Insufficiency
- Post-Radiation Swelling



Before → After



Before → After



5410 Fredericksburg Road, Suite 102  
San Antonio, TX 78229

(210) 702-3401 • lmdofamerica.com



# SAN ANTONIO FIRE & POLICE PENSIONERS' ASSOCIATION

## DEEP APPRECIATION FOR THE WORK AND DEDICATION TO THE RETIREE'S ASSOCIATION

I WOULD LIKE TO TAKE THIS OPPORTUNITY TO THANK THREE LADIES THAT REALLY PUT THE FINISHING TOUCHES TO THE MONTHLY RETIREE'S MEETING. DIANA GAY, ROSE MARTINEZ, AND GLORIA EHRLICH ARE THE DEAR LADIES THAT PREPARE LUNCH FOR THE RETIRED POLICE AND FIREFIGHTERS THAT ATTEND THE MONTHLY MEETING.

Their menus are very varied and delicious. The many different menus that are served at the end of the meetings generally consist of items such as; sloppy joes, meat tacos, chicken and

tuna sandwiches, tamales with chili con carne, ham and cheese sandwiches, hamburgers and also included are all the side dishes such as; potato salad, pickles, mustard, mayo, Fritos, potato chips, onions, cold slaw and always different types of very tasty salsas.

Homemade cakes, cookies, cupcakes and other sweets are always available. All these goodies are baked at home and brought fresh to the meeting.

These wonderful ladies have been doing this for years without pay and usually very few thanks. It's time that we recognize their dedication to the Retirees and to the Retiree's Association.

—Henry Trevino

# CALL FOR ARTICLES for the next Centurion!

Send us YOUR articles & announcements.

- Write about a recent trip, adventure or funny experience
- Announce an upcoming Police-Community Relations Event
- Publish a photo of your new son or daughter
- Write about police concerns and tactical topics
- Educate the membership about non-police fields or topics

- Honor or remember an officer
- Share a story about your hobbies or interests
- Submit photos from off-duty gatherings
- Commit to a column in every issue

This is YOUR magazine ... Let YOUR voice be heard.

**SUBMISSION INFORMATION:** Articles need to be sent as a Word file, text document or email. High-resolution photos need photo credit and captions/short stories. Submit to [adriana@sapoa.org](mailto:adriana@sapoa.org).

## YOUR SERVICE— OUR RESPECT



WOULD LIKE TO THANK YOU FOR YOUR PUBLIC SERVICE!



It is our privilege to recognize ALL first responders who serve our community with a \$10.00 recognition off all barbecue purchases.



THANK YOU!



LEON SPRINGS WESTOVER HILLS SELMA  
653-RUDY (7839)

**JB Goodwin REALTORS®**

*We give back to you for everything you do for us*

JBGOODWIN, REALTORS® FOR SAPD



Betty Herring  
CELL: 210.748.8866



James Herring  
CELL: 210.748.8865  
RETIRED LT. SAPD 32 YRS

FOR POLICE OFFICERS-ACTIVE & RETIRED, WE WANT TO GIVE BACK 20% TO YOU ON EVERY SALE OR PURCHASE BECAUSE OF THE JOB YOU DO EVERYDAY.

\*PLEASE CALL FOR DETAILS ON 20% GIVE BACK

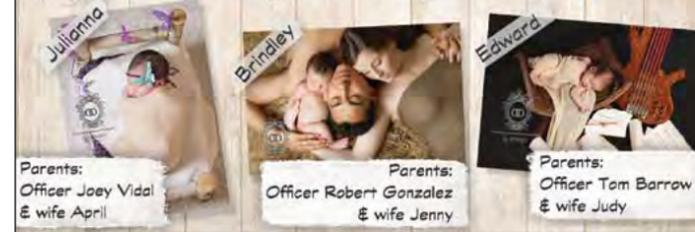
210.677.2766 www.daylightdarling.com

DAYLIGHT DARLING PHOTOGRAPHY

by apcampos

20% SAPD discount

specializing in newborn, child & family photography  
it's never too early to schedule your newborn session



Trust is just one thing we build well!

Insurance Restoration/Repairs—Re-Roofs & New Construction  
Repairs & Estimates—Seamless Gutters—Power Washing

WE LOVE REFERRALS! GET \$150 WHEN WE SIGN UP A REFERRAL!  
TELL YOUR FAMILY, FRIENDS AND NEIGHBORS!

Brandon Biediger / (210) 867-5051 / BBB Accredited  
BBledlger@gmail.com / LocalRooferContractorSanAntonio.com

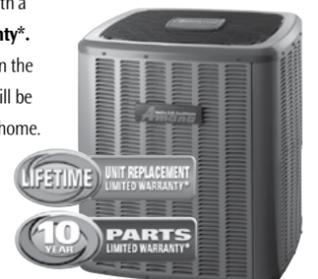


A/C, HEATING & ELECTRICAL

100% FINANCING AVAILABLE  
LIFETIME WARRANTY ON ALL CRAFTSMANSHIP

**LIFETIME UNIT REPLACEMENT LIMITED WARRANTY\***

Your Amana® brand Air Conditioner comes with a Lifetime Unit Replacement Limited Warranty\*. Should the compressor on this unit ever fail on the original, registered homeowner, a new unit will be provided for free for as long as you own your home.



Heating & Air Conditioning  
**Amana**  
LASTS AND LASTS AND LASTS.

CALL US TODAY! 210-862-9189

OFFICER SANCHEZ #0813 - BLACKBELT@GMAIL.COM - WWW.BLACKBELTCO.COM

\*Complete warranty details available from your local dealer or at www.amana-hac.com. To receive the 10-Year Parts Limited Warranty and Lifetime Unit Replacement Limited Warranty—good for as long as you own your home—online registration must be completed within 60 days of installation. Online registration is not required in California or Quebec. Amana is a trademark of Maytag Corporation and is used under license to Goodman Company L.P. All rights reserved.

# SAPOA COMMITTEE CHAIRS & TRUSTEES

CENTURION	Editor	Bonnie Lemcke	SPA	210-207-7811	editor@sapoa.org
BLUE CARES	Chairperson	Mike Despres	NPT	210-207-8126	sec@sapoa.org
CONTRACT NEGOTIATION	Chairperson	Dean Fischer	EPC	210-207-7781	vpx@sapoa.org
LEGAL TRUST	Managing Attorney	Steve Carnes	***	210-822-7678	scarnes@grouplegalservices.org
	Trustee	Washington Moscoso	CPB	210-207-7410	washington@sapoa.org
	Trustee	Mike Helle	SAPOA	210-822-4428	pres@sapoa.org
	Trustee	Jose Bara	WCS	210-207-7421	jbara@sanantonio.gov
	Trustee	Paul Heitzman	IPR	210-207-7345	paulheitzman@sanantonio.gov
BENEFIT PLAN AND TRUST (DENTAL/OPTICAL)					
	Chairperson	Mike Despres	NPT	210-207-7781	sec@sapoa.org
	Trustee	Mike Helle	SAPOA	210-822-4428	pres@sapoa.com
	Trustee	Jason Sanchez	SPC	210-207-8191	jason-sanchez@satx.rr.com
	Trustee	Chris Lutton	CPC	210-207-7410	lutton.christopher@gmail.com
PENSION FUND	Executive Director	Warren Schott	***	210-534-3262	info@safireandpolicepension.org
	Vice Chairman	Jim Smith	IAS	210-207-7935	jasmith@sanantonio.gov
	Trustee	James Foster	IRU	210-207-0314	parl@sapoa.org
	Trustee/Ret.	Harry Griffin Retired		210-534-3262	info@safireandpolicepension.org
RETIREE HEALTHCARE FUND					
	Executive Director	James Bounds	***	210-494-6500	faprhcf@swbell.net
	Chairperson	Mike Despres	NPT	210-207-8126	sec@sapoa.org
	Trustee	Christopher Lutton	CPC	210-207-7400	lutton.christopher@gmail.com
	Trustee/Ret.	Alex Perez	Retired	210-317-6340	sonny2239@aol.com
PAC	Chairperson	John Diaz	SOU	210-207-7434	jddiaz6@yahoo.com
LEGISLATIVE COMMITTEE	Chairperson	Jimmy Rodriguez	PPT	210-207-7425	jimmy970@hotmail.com
CLEAT	Executive Director	Charley Wilkinson	***	512-495-9111	www.cleat.org
	President	Todd Harrison	***	512-495-9111	th2511@hotmail.com
	Vice President	Ervey Banda	WPA	210-207-7420	ebbb8861@yahoo.com
	Director	Gregory Perry	CPA	210-207-7410	gperry1587@gmail.com
SPECIAL EVENTS COMMITTEE	Chairperson	Lindley Art	SPT	210-207-8191	sgtatarms@sapoa.org
ATHLETIC COMMITTEE	Chairperson	Carlos Ancira	CPD	210-207-7990	cancira@sanantonio.gov
	Basketball/Softball	Carlos Ancira	CPD	210-207-7990	cancira@sanantonio.gov
	Football	Mark Valero	WCS	210-207-7421	valero5@sbcglobal.net
BY-LAWS COMMITTEE	Chairperson	Dean Fischer	EPC	210-207-7781	vpx@sapoa.org
DONATIONS COMMITTEE	Chairperson	Jose Bara	WCS	210-207-7421	jbara@sanantonio.gov
ETHICS COMMITTEE	Chairperson	Andy Chernak	CPA	210-207-7410	officerandy@sbcglobal.net
GRIEVANCE COMMITTEE	Chairperson	Cheri Estrada	ICH	210-207-7635	griev@sapoa.org
LABOR RELATIONS COMMITTEE	SAPOA Representative	Art Lindley	CPB	210-207-7410	art.lindley@sanantonio.gov
INSURANCE COMMITTEE	Chairperson	Cheri Estrada	ICH	210-207-7635	xcheri2001com@yahoo
BUILDING COMMITTEE	Chairperson	Dean Fischer	EPC	210-207-7781	vpx@sapoa.org
BUDGET OVERSIGHT COMMITTEE	Chairperson	Cheri Estrada	ICH	210-207-7635	Budget@sapoa.org
WIVES AUXILIARY	1st Chairperson	Ott Ashley	***	210-262-4926	aott316@yahoo.com

Authorized Dealer for  
**San Antonio Police Dept.  
Uniforms**

**6999 ALAMO DOWNS PKWY.  
SAN ANTONIO, TX 78238**

**Louie Mendiola  
210-267-5490**

**Armando Ynostrosa  
210-823-7769**

**CODE BLUE  
POLICE SUPPLY**

**Expressions  
Designs & Graphics**

Embroidery •• Screenprinting

**www.expdesigns.net  
exp-designs@satx.rr.com**



**ADVANCED CHIROPRACTIC  
& HEALTH CENTER**

Providing Service for San Antonio police officers and their families

Auto Accident  
Hip Pain  
Carpal Tunnel  
Sciatica  
Neck & Back Pain  
Sprain & Strain  
Headache  
Chronic Pain  
Shoulder, Arm,  
Leg and Foot Pain  
Carpal Tunnel

**DR. HAMID PEJMAN**  
**210-495-0888**

Se Habla Espanol  
Most Insurance & Credit Cards Accepted  
225 E. Sonterra Blvd., Ste. 113  
San Antonio, TX 78258  
(Corner of Sonterra and Stone Oak)

**ASE CERTIFIED**  
**AUDIO EXPRESS**  
PERFORMANCE CAR AUDIO  
928-1132  
I-35 @ SW Military Dr.  
1132 Rayburn Ste. 101  
San Antonio, Tx. 78221  
audex1@hotmail.com  
www.audioexpress1.com

**WILLI LAW FIRM**  
www.myguntrust.com  
**EXPERIENCED TEXAS  
NFA GUN TRUST ATTORNEY**  
• TOTAL LEGAL FEES: \$300  
• VISA OR MASTERCARD ACCEPTED  
• SAME DAY SERVICE  
• NO OFFICE VISIT REQUIRED

Law Offices of  
**Charles Straith  
Frigerio**  
ATTORNEYS AND COUNSELORS  
Board Certified Personal  
Injury Trial Lawyers  
Law Enforcement Litigation  
Governmental Law  
"The Police Officer's Attorney"  
111 Soledad, Suite 840  
River View Towers  
San Antonio, Texas 78205  
210/271-7877 fax: 210/271-0602  
E-mail: frigeriolaw1995@sbcglobal.net

Furst Choice Family Dentistry  
WILLIAM F. FURST, D.D.S.



- Gentle, personalized care in a family-like atmosphere
- Newly renovated office with state-of-the-art equipment
- In practice for 26 years, with over 500 hours continuing dental education
- Nominee for the Texas Dentist of the Year 1999
- Dental Health Chairman, San Antonio District Dental Society for 13 years
- San Antonio Chairman of "Give Kids a Smile" for 4 years
- Member of the Northeast Independent School District Health Advisory Board
- Member of the American Dental Assoc., Texas Dental Assoc., San Antonio District Dental Society, and the Academy of General Dentistry
- Degree from University of Texas Health Science Center at Houston

*(Nationally-recognized program that screens and provides free dental work to indigent children in the San Antonio area)*

**\*MENTION THIS AD AND RECEIVE \$50.00 OFF  
NEW PATIENT EXAM, CLEANING AND X-RAYS**

COSMETIC – IMPLANTS – EXTRACTIONS  
ROOT CANALS – CROWNS – FILLINGS

1939 NE Loop 410, Ste. 240  
In the SAPOA Building

**(210) 590-2736**

\*We are In-Network with SA Police/Fire Insurance and  
CLEAT Employees' Insurance



San Antonio Police Officers and Firefighters

Benefit Plan and Trust



# DENTAL AND VISION FRAUD: It's everyone's responsibility!

Each year, millions of dollars are spent on fraudulent claims. Conservative industry estimates show that fraud accounts for 3 to 5% of every claim dollar.

## What does this mean to you?

- Increased premiums
- limited benefits for individuals
- Restricts the Fund's ability to increase benefits



## How can YOU help fight fraud?

The more common examples of dental and vision claims fraud include, but are not limited to:

### claims abuse examples

- upcoding (reporting simple extractions as surgical, higher allowance periodontal procedures, higher allowance vision procedures than actually used, etc.)
- unbundling charges (breaking down component charges incidental to a service and billing separately, such as working X-ray films associated with root canals, full mouth X-ray films broken down into individual component films, etc.)



### provider fraud

- duplicate billing
- billing for services or supplies not provided
- changing dates of service to coincide with coverage
- not charging the insured patient a deductible or coinsurance
- submitting charges for which, in the absence of insurance, there would have been no charge
- Providers offering to bill services under a dependent even though the dependent did not receive services
- changing procedure codes to qualify for benefits
- Providers offering non-covered services and a request for your benefit identification card  
For example: sunglasses

If you suspect fraud, please call (800) 936-7689 and help minimize costs to your plan.

**BOON-CHAPMAN**

# CLASSIFIEDS

**CITYBASE PLUMBING**

Big Company Plumbers  
Small Company Prices

Free In-Home Estimates  
Law Enforcement Discounts

**210-724-6225**

www.citybaseplumbing.com

**Liberty Mutual INSURANCE**

Missy Rodriguez – Agent

210-693-8020

Melissa.Rodriguez@  
LibertyMutual.com

Auto Home Life

Law Enforcement Discounts

**FARMERS INSURANCE**

**THERESA ALONZO  
INSURANCE AGENCY**  
(Lt. Leo J. Alonzo's Wife)

9107 Marbach Rd. Suite 204  
Phone 210.645.9388  
Cell 210.862.2815  
Fax 210.645.9482  
talonzo@farmersagent.com

AUTO—HOME—LIFE—HEALTH—COMMERCIAL  
LAW ENFORCEMENT & FIREFIGHTER DISCOUNTS  
GET ALL THE DETAILS

Farmers gets you back where you belong.

**NINA'S ALTERATIONS  
AND CLEANERS**

Same day service on most alterations

Custom Alterations & Tailoring Services  
Dry Cleaning • Dress Making • Draperies

Special discount for Law Enforcement

10151 Culebra Rd., Ste #104  
One-half mile inside Loop 1604

210.682.5835

Owned and Operated by  
Samuel and Nina Hernandez

**TEXAS  
Tax Refunds**

**Manuel C. Lopez, Retired SAPD**  
Notary Public, Free Estimates, Low Rates

10151 Culebra Rd, Ste. 106, San Antonio, TX  
Phone: 210-520-2283 / Fax: 210-520-4627

**FOXTROT,  
WE'RE ON  
THE WAY!**  
AN AMERICAN HELICOPTER POLICE DEPARTMENT  
HELICOPTER STORIES, A MEMOIR.

**BILLY ANDERS**

Please check out my  
new book: **FOXTROT,  
WE'RE ON THE WAY!**  
San Antonio, Texas,  
Police Department  
Helicopter Stories,  
a Memoir.  
By Billy Anders.

Available at **Amazon.com** (Print or Kindle)  
**Barnes&Noble.com**  
**OutskirtsPress.com/bookstore**



1939 N.E. Loop 410, Suite 300  
San Antonio, TX 78217

PRESORT STD  
U.S. POSTAGE  
PAID  
PERMIT NO. 1425  
AUSTIN, TX

# COP SHOPS

FREE LISTING FOR OFFICERS, LIMITED TO FOUR LINES. TO ADD OR REMOVE A COP SHOPS LISTING, PLEASE CONTACT **ADRIANA VALADEZ AT ADRIANA@SAPOA.ORG OR 210-304-0619.**

## ART

International Galleries, Inc.  
Art – Limited Editions  
Tim Sorrell / 210.862.5826

## ATTORNEY AT LAW

Jesus David Garza, Attorney at Law  
Free Consultation / 210.827.2643

Law Office of Timothy J. Quinn, PLLC  
210.478.8898 / timquinnlaw.com  
timquinnlaw@gmail.com

## AUTOMOTIVE

B.B.B.: Paint & Body Shop  
Tom Bearden  
210.637.0774 / Fax: 210.637.1758

North Park Lexus & North Park Toyota  
Leonard Soto, Sales Consultant  
210.707.9618 / Isoto2000@gmail.com

Red McCombs Toyota  
Shane Mitchell (Neal Mitchell)  
Sales Manager / Direct: 210.573.5777

Xtreme Auto Ads, LLC  
Banners, signs, car wraps, outdoor ads  
Tim Henry / Pedro Mendez  
210.588.9588

## CLOTHING & ALTERATIONS

Alterations by Maggie Valdez  
Will pickup & deliver to any substation  
Cell: 210.854.6055  
alamocityheat@sbcglobal.net

Butler's Suits . . . Suits U  
Men's Italian Suits for All Occasions  
Montrez Butler / 210.421.2565  
mbutler37@att.net

Nina's Alterations & Cleaners  
Full-Service Cleaners / Seamstress  
Sam and Nina Hernandez  
210.682.5835 / 210.215.2979

## CLEANING

Bio-Techs: Crime & Trauma Scene Cleaning  
Rafael & Audrey Trinidad / 210.979.8878

## COSMETICS & WELLNESS

Essential Oils for Healthy Living  
Jennifer Ebinger  
210.386.4583 / www.OilyFamily.net

Mary Kay Cosmetics  
Tony and DeeDee Arcuri, Sales Director  
210.834.4424  
www.marykay.com/deedee

## CAKES, CATERING & FOOD

Creative Cakes by Charles  
Cakes for all Occasions  
Charles Marcus / 210.325.1144

Karen's Kernels / 60+ flavors of popcorn!  
Facebook: Karen's Kernels  
David Snow / 210.313.9681

The Tasty Pastry—Made from scratch  
Felicia Alford / 210.842.6302  
thetastypastry@gmail.com

## EDUCATION

The Mustard Seed Early Learning Center  
Frank & Roxy Vasquez  
Near FM 1604 and Culebra  
210.688.7003

## ELDERLY ASSISTANCE

Caring For Mom Senior Placement Service  
Kelly Rey / 210.748.9000  
kellyr@caringformplacement.com  
www.caringformplacement.com

Senior Blessings, LLC  
Concierge Services for Seniors  
www.seniorblessings.com  
210.632.8000

## ELECTRONICS & REPAIRS

400-Day and Wind-Up Clock Repair  
David P. McDaniel (Ret.)  
830.446.6405

Smart Home Technologies, LLC  
Home Theatre Systems, TVs, DVD Players  
Brian Phelt  
210.389.6101

Terrance & Ingrid Gatson  
Computers—Electronics—Websites  
www.gatscomp.net / 210.336.6606

## EMBROIDERY, MARKETING & GRAPHICS

Code 3 Print / Tim Henry  
210.588.9588  
sales@code3print.com

Embroidery Plus – Signs & Banners  
Shirts, Hats, Signs, Banners + more  
Dave Tedford / Misti Gladstone  
210.649.2930

Expressions Design & Graphics  
Embroidery, Screen Printing, etc.  
Armando Ynostrosa  
www.expressions.net / 210.823.7769

Impress-A-Print Promotional Products, LLC  
Sef and Kristen Alvarado / 210-240-7168  
Discount to Officers, Fire and Military  
Impress-A-Print.com

INKredible Promotions  
Promotional Products Distributors  
Frank Mc Donald  
210.521.2212

Xtreme Auto Ads, LLC  
Banners, signs, car wraps, screen printing  
Tim Henry / Pedro Mendez  
210.878.9260

## ENTERTAINMENT, PARTIES & EVENT SUPPLIES

DJ Mike In The Mix  
Michael A. Mandujano  
Batmn23@yahoo.com / 210-535-0950

DJ Spinz Ent. / Music for All Occasions  
Manuel & Janie Rodriguez  
210.744.6243

JAB Productions  
Social & Corporate Events  
James Brown / 210.432.2144  
sales@jabproductions.us

Magic and Entertainment Shows  
Mystery Mentalism 4 Parties & Events  
Wayne Cannon / 210.219.5596

## FITNESS

AdvoCare Nutritional Supplements  
Sports Performance, Weight Loss, Wellness  
David & Yvonne Padilla / 210.885.7239

Fit 180 Boot Camp & Group Fitness  
David & Yvonne Padilla  
info@fit180bcgf.com  
www.fit180bcgf.com

Medifast/Weight Loss  
Justin Anders, TSFL Health Coach  
justintime4health.tsfl.com  
210.241.0836

On the Edge Events, LLC  
Rafael Trinidad / 210.669.0599  
www.247superhero.com

Submission Concepts  
50% off for Officers and Family  
Richard and Janie Odoms  
9703 Bandera / 210.366.0065

Vanadium Crossfit  
Vidal Resendez / 210.749.6331  
www.vanadiumcrossfit.com

V.I.P. Yoga  
Tracy & William Badders / 512.791.9718  
www.vipoga.webs.com

## FLORIST, NURSERY, LANDSCAPING & LANDWORK

An Empty Vase Flowers and Gifts  
830.443.4134 / Kam and Curtis Walker  
Floral and Special Occasion Needs

Doc's TREE & Landscape CO.  
Specializing in Trimming/ Removal  
Det. A. Howard / 210.379.2037

Floral Basket / Rudy Mungia  
210.366.3345 / thefloralbasket@att.net

## GIFTS & JEWELRY

Alamo City Gold & Silver  
Alamo Putnam / www.sadiamonds.com  
210.930.3900 / acgse@swbell.net

Africa's Sun Arts & Jewelry  
Custom Crafted Jewelry & Special Orders  
Barbara Thomas (Williams)  
210.602.9274

Buying & Selling Gold and Silver Bullion  
US Coin Collections and Appraisals  
John Mills / 210.827.7747

Ron's Jewelers  
Jeweler: Ron Segovia  
210.359.1166 / Fax: 359.9447

South Hill Designs / Erica De La Rosa  
southhilltexas@gmail.com  
210.771.8341  
www.southhilldesigns.com/ericadlrstx

## HOME CONSTRUCTION, REPAIRS & INSTALLATIONS

ABPerez, Inc. Custom Homes  
Alex B. Perez (Ret.)  
ABPerezBuilder@aol.com  
210.684.5410 / 210.317.6340

Air Conditioning and Heating Service  
Al Ramirez (Ret.) / Licensed and Insured  
210.724.0298

BCW: Custom Cabinetry  
Brian Bielefeld  
210.825.0259 / 210.389.2686

Blackbelt Company Air Conditioning  
Heating & Electrical Contractor  
210.862.9189

Vidal Construction / Roofing  
Joey Vidal / 210.373.1098  
jvidal@vidalconstruction.com

Woodworking / Chairs & Tables  
John Rios / 210.838.3066

## HUNTING & TAXIDERMY

Ace in the Hole  
Fishing & Duck Hunting Guide Service  
Mike Blanquiz / 210.535.4813

Antlers, Etc. Taxidermy  
10% off to police  
Richard Hodge / 210.289.2513

Chasin/Tails Guide Service  
www.chasintails.com / 210-478-9480  
Rockport, Texas

## INSURANCE

Allstate Insurance / Auto, Home, Life  
210.826.0885 / Kam and Curtis Walker

Farmers Insurance / Theresa Alonzo Agency  
Law Enforcement & Fire Fighter Discounts  
210.862.2815

Germania Insurance  
Robert "Bob" Gorham, Writer  
210.215.5149 / 830.665.3609

TBLInsurance / Washington Moscoso  
TBLinsurance.com / 210.363.7577  
washington@tblinsurance.com

Luz Villarreal Farmers Insurance  
1810 Blanco Rd., San Antonio 78212  
Jerry and Luz Villarreal  
210.736.2131 / 210.367.1820

## INVESTIGATION SERVICES

Ron Brandin Investigators  
Traffic Accident Analysis  
210.316.7539 / rbrandin@yahoo.com

## MEDICAL

Massage Therapist  
Ted Grill & Heather Johnson, RMT  
S.A. Hair & Nail Co. / 210.413.5792

Massage Therapist  
Roger and Kathleen Horner, LMT  
Massage by Kathleen / 210.710.7273

## MISCELLANEOUS

Locksmith Services  
Residential / Commercial  
Michael E. Trainor / 210.648.6453

Non-Fiction Police Books  
Billy Anders (Ret.)  
www.billyandersauthor.com  
BillyAndersNM@aim.com

## PHOTOGRAPHY

4 Prop Production  
Aerial video and photography  
210.595.0013  
www.4proproduction.com

Coqui Photography / Daphni M. Rivera  
Individual, Family, Special Events, Sports  
coquiphotography.PhotoReflect.com

Emily Anne Photography  
www.emilyannephotography.org  
emilyannephoto@gmail.com  
Family, Lifestyle, Engagement and more!

Still Life Photography by Alexander Devora  
Wedding and Family Portraits  
210-313-9539  
www.StillLifePhotographySA.com

Touch of Time Photography  
John Carroll (Ret.) / 210.250.1908  
www.touchovertimephotography.com

## REAL ESTATE & INSPECTIONS

Canyon Creek Home Inspections  
Steve May / 210.286.7399  
canyoncreekinspections.com

Full Spectrum Realty  
Lauren Dowlen-Garza  
210.818.0112 / lauren@fsrealttyx.com

Half Price Homes! / Jerald Keif  
210.723.3269 / Keller Williams City View  
Keifproperties@yahoo.com

Home Team America  
Jeff Saar, Realtor® / 210.488.3593  
isellinsa@yahoo.com

Keller Williams Realty  
Pedro & Alicia Mendez, Realtors  
ampmteam@kw.com / 210.240.9925

Keller Williams Heritage, John Insalata  
210.792.9811 / johninsalata@gmail.com

N. Van Tiller (Ret.), Real Estate Broker  
West Texas and Hill Country Ranch Locator  
210.363.0684 / 4T@GVTC.com

Pinnacle 1 Realty  
Sonya Powers, Broker/Owner  
512.590.2258 / sonya@pinnacle1realty.com

Realty Executives of San Antonio  
Lloyd Griggs, Real Estate Agent  
Office: 210.493.0020 / Cell: 210.363.8647  
washington@tblinsurance.com

Realty Executives of SA  
Karen Critchlow-Hernandez  
210.415.7506 / KarenCritchlow@gmail.com

Russell Garza, Realtor  
Keller Williams City View, Boerne  
210.218.1756 / rgarza174@gmail.com

San Antonio's Finest Realty  
Gasper F. Sifuentes III  
SanAntoniosFinestRealty.com  
210.332.0161 / gasper@iserealty.net

## RESTAURANTS

Danny Boy's Hamburgers, Dan Uranga  
1537 W. Summit (off Fredericksburg Rd.)  
210.736.1665 / 210.683.7790

Naturally Café, New Braunfels  
David and Jackeline Smith  
www.naturallynfb.com / 830.214.6300

The English Tea Shoppe  
Tea Room, Gifts, Groceries, China & Antiques  
Carol Contero Thompson / 210.681.2535

## SECURITY SERVICES, FIREARMS & GEAR

GS7 Leathercraft, LE gear & more  
David V. Gutierrez (Ret.)  
210.497.8826 / Cell: 210.863.0769

Guardian Security Services  
Jesse Piñeda / 210.896.1124

Molon Labe Tactical  
Chris Redman / FFL Firearm Transfers \$25  
molonlabetactical.sab@gmail.com

Omar's Pekiti Tirsia Kali (You Protect You LLC)  
Authentic Filipino knife, stick, empty hand  
www.protectyourself.today  
210.364.2406

Price Protective Services, Inc.  
Uniformed Guard and Patrol Services,  
Level IV Trng. Academy, P.I.s, Exec. Prot.  
Larry Price / 210.281.0911

Security One  
All kinds of electronic security  
Roger Byrd / 210.341.8900

Total Hit Firearms Training, LLC  
LIC & CHL Classes, Private and Groups  
www.totalhitfirearms.com  
210.957.9481 / Virgil Gonzalez

## TRAVEL

Cottage on Live Oak / Vacation Rentals  
Rockport, Texas / VRBO.com # 660016  
Monthly, weekly and nightly rentals

Flair Travel & Tours / Specialize in Bus Tours  
Mara Wilson  
210.833.3609 / flairtravel48@yahoo.com

Horse Feathers Bed Breakfast & Barn  
Gary & Kristie West (Ret.)  
210.573.2130 / www.horsefeathersbb.com

L's Happy Journey House  
Vacation / Corporate Rental  
Leslie Saez / Boerne / VBRO # 720331